August, and the Living is Easy?

Karen O'Brien of The Green Woman's Garden

August 1 is half-way between the summer solstice and the autumnal equinox, and was known as a cross-quarter day by ancient peoples. The Celts referred to this time as *Lughnasadh*, named for Lugh, the Celtic god of arts and sciences. It was one of the four fire festivals of the year. Bonfires were lit, adding to the strength of the waning sun, and the first of the harvests were celebrated. Anglo-Saxons called this harvest festival *Lammas* – from the word hlaf-mass or loaf mass. Their custom included bringing a loaf of bread made with wheat from the first harvest to the church to be blessed. The bread was then broken into four pieces and placed



in four corners of the barn – a sacrifice intended to protect the grain for the ensuing year. Tradition in some areas also dictated the commencement of warrior games – how interesting is it that the Olympics occur at this time?

I first heard of Lammas at a visit to Caprilands, an herbal business in Connecticut, perhaps 30 years ago. Adelma Simmons was big on herbal history. She often displayed figures such as Ceres (the Roman goddess of grain and harvest). Her luncheon talks and food reflected the interest she had in old traditions. Her book *Herbal Harvest* is a great source of information about the Lammas festivals, harvesting herbs, and delicious bread recipes. She was certainly ahead of her time,

searching out old prayer books and herbals to learn about agricultural traditions from long ago. Now, you can search the internet and find lots of articles on *Lughnasadh*, *Lammas*, and the like.

With August come the dog days of summer – named for the constellation Sirius which is prominent at this time of year. It also means pickling is in high gear. It's very important to have perfect fruits – cucumbers or other vegetables – to pickle. If you are cutting or slicing them, it is not as necessary. But I've found that those funny looking, misshapen cukes, some that are bulbous or have a pointy end, do not maintain their crispness and often are hollow or too full of seeds. Another thing I've learned is to be sure to scrub the flower end of the fruit. Enzymes from the flower can ruin your pickles, so be sure to clean them well before pickling.

I like to make dills, sours, or half sours using whole fruit. Over the years, I have tried many recipes, from quick pickles, to 3-day dills, to crock pickles, which ferment much longer. I have a few favorites that I make each year, and then try new ones. I was very excited the other day, when cleaning out some old papers, to find a faded index card, written in my mother's handwriting. It was my great aunt Nel's recipe for half sours. Aunt Nel was a simple, basic cook. She had some wonderful recipes, but she never wrote them down. When my mom got the recipe from her at the time, it was summer. She had made a batch of these half sours, and my mom was eager to have the recipe.



These are just like the half sours you get at a deli. Pretty easy to make, and I expect they won't last long. The end of the card had gotten stuck to another paper and was not legible, so I had to guess at the time the pickles spent in the crock. I also added grape leaves to



Grape leaves covering the fermenting pickles



the top of the crock. If you want crisp pickles, grape leaves — which contain tartaric acid — can be added which help keep the pickles firm. The great thing about this recipe is that you can make it in small batches. Each takes only about three days to make. If you don't have a lot of cukes, you can make this in large wide-mouthed jars, and then store them in the fridge.

Her recipe did not call for the amount of cucumbers, and I had to guess on the exact process. Having made crock pickles before, I figure I am close to how she went about making these delightful, crunchy half sours.

About one quart of fresh whole pickling cucumbers, washed and scrubbed, no longer than three inches

Two or three fresh dill heads or 2 tsps dill seeds

1 tsp pickling spices

2 cloves peeled garlic

5 cups cold water

1/4 cup pickling salt

1/4 cup white vinegar (I use apple cider vinegar)

Place cucumbers on top of dill heads in ceramic crock or large wide mouth jar. Add spices and garlic.

Mix water, salt, and vinegar in a bowl, stirring well. Pour over cucumbers. Position grape leaves over top. Place a plate over the cukes, and weigh it down with a glass of water. Or, you can use a double bagged ziploc bag filled with water. Just be sure the cucumbers are under the level of water.

Cover with a dishtowel and let sit in a cool place for two to three days. Check each day and skim off any scum that forms. Test for the degree of sour that you want – mine were ready after three days. Place pickles in sterilized glass jars, pour water/vinegar mix over the pickles, and store in the fridge. Happy pickling!

Library News

Wendy O'Brien

Every Saturday, 10:30, Knitting Circle **Every Wednesday**, 10:00, Summer Reading Program

SPECIAL EVENTS

Sat. August 3, 10:30-11:30, Community Coffee Hour Tues. August 13, 6:00, Book Club: *My Brilliant Friend*

Tues. August 20, 5:00, Stories by Starlight Sun. August 25, Richmond Day Book Sale and Raffle

Expand your Universe on Wednesdays:

Join us at 10:00 on Wednesdays and explore the reaches of space!

August 7: Soaring to the Sun

August 14: Superheroes

Then join us on Tuesday, August 20th from 5:00-6:00 as we have our first ever Library Camp-In! Come make a tent, read under the Library's stars, and enjoy some pizza.

New Titles

Big Sky, Kate Atkinson

Paranoid, Lisa Jackson
City of Girls, Elizabeth Gilbert
The Other Americans, Laila Lalami

Richmond Day Book Sale and Raffle

On Sunday, August 25th, drop by the Library on your way to the Firemen's BBQ and check out our great selection of used books and raffle items. There is something for everyone! We are currently taking donations of gently used books-please drop them off during library hours or call and we will come and get them.

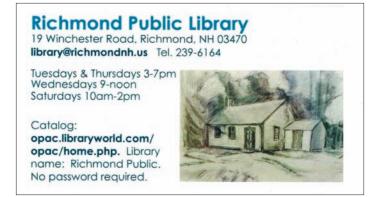
Book Club:

Our August meeting will be on August 13 at 6:00 pm and we will be reading My Brilliant Friend by Elena Ferrante. "In a poor, mid-century Italian neighborhood, two girls, Elena and Lila, exhibit remarkable intelligence early in school, at a time when money is scarce and education a privilege, especially for girls. Only Elena is allowed to continue in school, and she devotes herself to her studies, while Lila redirects her own talent toward her family's business. The girls use each other, sometimes as crutches, sometimes as inspiration, but as they approach adolescence, their friendship is challenged by their changing bodies and attitudes toward the world. Elena increasingly turns toward education as a means of escaping, while Lila looks to her burgeoning beauty as a means of altering the violence and bitterness that threaten their neighborhood," Booklist. The Library has plenty of books.

Join us at 6:00 on Tuesday, August 13 for a lively book discussion. Copies of the book are available here. Sign up in the Library, call 239-6164, or email at library@richmondnh.us to register. 603-239-6164.

Kindergarten Registration

Mt. Caesar Elementary School Kindergarten children must be 5 by September 30th.



In order to be registered, you must complete/provide the following:

SAU 93 Registration Form

Birth Certificate

Most recent immunization record

Most recent physical

Positive proof of residency; (ie: electric or tax bill, a copy of a lease or car registration)

Your driver's license

We look forward to providing your child with a happy and successful learning experience during his/her elementary years. For questions:

Please call 352-4797 ext 6500, 7:30 am – 3:30 pm Mt. Caesar Elementary School 585 Old Homestead Highway Swanzey, NH

Congratulations

Doug Bersaw

Peter Margand, son of Catherine Margand and the late Gerald Margand of Richmond, will attend the University of New Hampshire in Durham, majoring in data science.

During his time at Monadnock, Peter was a member of the French National Honor Society and National Honor Society, participated in MRHS cross country, MRHS track and field, and wrestling, and performed in a variety of musicals through the MRHS Fine Arts Department. He received the Excellence in French Senior Award. He is a N.H. Scholar and received the "Diploma of Distinction."

Statement Nomination

Debora B. Pignatelli

I believe the most important vote an Executive Councilor can make is one to confirm a nominee to our Supreme Court. I took this very seriously. I have read everything and have listened to everyone. Taking it all into consideration, **I cannot support this nomination**.





In the past 23 years, Democratic governors have appointed conservative judges. I have supported them, including the retiring Chief Justice, in 2010. We voted for balance on our highest court. In contrast, Governor Sununu, so far, has shown no such inclination. To the contrary, it is obvious he is trying to pack the court with very conservative justices.

The federal courts seem to be shifting more decisions to our country's state courts. Two weeks ago, the United States Supreme Court refused to correct the worrisome partisan gerrymandering that is distorting our political system. Our own Supreme Court will likely have to rule on that issue, as well as voting rights, gun safety, healthcare, women's health issues, funding for education, taxpayer funding of parochial schools, and other critical issues. All of these are very important to me.

In two short years, the Governor disbanded the non-partisan Judicial Screening Committee used for twenty years by prior governors. He has appointed two conservative Justices, at least one of whom was very politically active. Now he wants to place a third one so that there would be a 4-to-1 imbalance. New Hampshire is not a 4-to-1 state. I think 25 years of political elections prove that.

I have no doubt that Governor Sununu would replace Justice Hicks on his retirement in three years with another very conservative person, making it a clean





sweep, 5-to-0. Some have argued that the Council has created a litmus test, but that is untrue unless the test is balanced on the Court with people who are not political partisan activists.

I know Governor Sununu defeated a highly qualified previous nominee of Governor Hassan to our Superior Court. I did not agree with his rationale, just as he won't agree with mine this time.

In this case, the Governor has made his nomination without any communication with the majority Democratic Council. Based on my four previous terms, that is unusual. That is not the New Hampshire way. Councilor Cryans tried to discuss the nomination in advance with the Governor, but there was no room for negotiation, Sununu had decided.

This appointee would be the third Justice in the last two years who has never worn a robe nor has ever served on our Circuit or Superior Court. We have had good Supreme Court justices who had no prior trial court experience, and though it is not mandatory, it does add to the qualifications and allows us to examine a record of a nominee's written rulings.

I am not questioning Attorney MacDonald's skills as a lawyer. What concerns me most, is that he has an extensive history as a very conservative political partisan. That gives me no comfort on how he would interpret our state constitution on the momentous legal questions I mentioned, and on many more. And, that is



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105 Old Homestead Hwy

by no means limited to the choice issue, as some have suggested in newspaper editorials. For instance, he has already shown his hand on the issue of taxpayer funding of religious schools. Some see me as partisan, but I face the voters every two years and am not nominated for the state's most important appointment until age 70. I have voted for conservatives to our Supreme Court but never for a partisan activist.

We have, again, extended a hand to the Governor to work with us to fill this vacancy and the position of Chief Justice. In fact, I have shared information on an excellent candidate who would have bipartisan support and could easily be confirmed by the Council. I hope the Governor will work with us.

We all want a highly qualified person with unquestioned ethics. That is the bare minimum. But I am seeking a court balanced on the political-philosophical spectrum from liberal to conservative. And, wouldn't it be nice to have gender balance as well? Only then will we get the best decisions, then all views and values will be reflected in those important court decisions that will govern lives in New Hampshire for years to come.

June 19, 2019 Council Meeting

Debora Pignatelli

Executive Councilor, NH District 5

You may have heard that we Councilors had a hearing on the Governor's nomination to our State Supreme Court this past Wednesday. I am listening and paying attention and will make the best decision I can. Thank you to all who wrote and called with your comments. A vote will probably take place on July 10th.

During the Summer, the Council goes on the road. We each bring the Governor and Council members to a community in our Districts. I will keep you posted on my meeting and perhaps some of you might like to attend. It would be my pleasure to welcome you.

The next Governor and Council Meeting will be

Richard P. Drew LLC

Licensed Land Surveyor

Lot Staking

Subdivisions

Boundary Plans

266 Tully Brook Road, Richmond, NH 03470 Phone: (603) 239-4147 Email: rpdrewllc@gmail.com held on Wednesday, July 10, 2019 at 10:00 am in Littleton, NH. Our meetings are always open to the public. Please let me know if you would like to attend so that I may greet you personally.

The Governor and Executive Council met on June 19. Here are notes of items I think of interest to our Council District 5. Items may have a link to documents with more information.

#37 Authorized to enter into a sole source agreement with the City of Nashua Transit System, Nashua, NH, to provide flexible transportation services to Federal Temporary Assistance to Needy Families recipients and other low income individuals in an amount not to exceed \$213,700. Effective July 1, 2019, or upon G&C approval, whichever is later, through June 30, 2021. 100% Federal Funds. **VOTE: 5-0**

#50 Authorized to exercise a renewal option and amend an existing agreement with the Area Agency of Greater Nashua Inc., d/b/a Gateways Community Services, Nashua, NH (originally approved by G&C on 2-1-17, item #20A), to continue the provision of Financial Management Services, by managing payments to family caregivers for respite and support services they receive, by increasing the price by \$867,355.55 from \$2,098,881.10 to \$2,966,236.65, and by extending the completion date from June 30, 2019 to June 30, 2020. 50% Federal, 50% General Funds. **VOTE: 5-0**

#53 Authorized to enter into agreements with the vendors as detailed in letter dated May 21, 2019, in an amount not to exceed \$1,172,670 of which \$100,000 is a share price limitation among all vendors to provide comprehensive family support services to children and young adults. Effective July 1, 2019 or upon G&C approval, whichever is later, through June 30, 2021. 100% Federal Funds. **VOTE: 5-0**

#54 Authorized to enter into sole source agreements with the 10 vendors as detailed in letter dated May 14, 2019, to provide developmental and acquired brain dis-

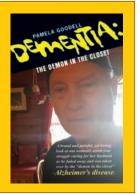
Pamela Goodell

Author

Share my uniquely honest journey with my husband's Alzheimer's.
May you find it helpful.
Know you are not alone.

Available at

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order services, with a total price of \$24,019,532 of which \$6,451,780 is a shared amount among all vendors, to provide family centered early supports and services; room and board reimbursement; and community education assistance, of which there is no maximum or minimum service volume guarantee. (2) Further Authorized to make an advance payment available in the first quarter of SFYs 2020 and 2021 to each vendor, up to a maximum of 1/12 of SFYs 2020 and 2021 funding for each respective vendor in each respective SFY. Effective July 1, 2019 or upon G&C approval, whichever is later, through June 30, 2021. 17% Federal, 83% General Funds. **VOTE: 5-0**

#67 Authorized to exercise a renewal option and amend an existing sole source agreement with New Hampshire Coalition Against Domestic and Sexual Violence, Concord, NH (originally approved by G&C on 6-7-17, item #11), to continue providing a statewide domestic violence prevention program, by increasing the price by \$3,135,216 from \$2,519,244 to \$5,654,460. Effective upon G&C approval through June 30, 2021. 63% General, 37% Other Funds. **VOTE: 5-0**

#70 Authorized to exercise a renewal option and amend an existing sole source agreement with the NH Coalition Against Domestic and Sexual Violence, Concord, NH (originally approved by G&C on 6-10-15, item #11), for the provision of statewide program to improve responses to domestic violence, by increasing the price by \$903,008 from \$3,398,276 to \$4,301,284, and by extending the completion date from June 30, 2019 to June 30, 2020. 100% Federal Funds. **VOTE: 5-0**

#75 Authorized to exercise a renewal option and amend an existing sole source agreement with Southern NH HIV/AIDS Task Force, Nashua, NH (originally approved by G&C on 6-15-16, item #11A), to continue providing Medical Case Management, Support Services and Insurance Benefit Management Services to NH residents living with HIV/AIDS, by increasing the price

by \$246,750 from \$1,799,997 to \$2,046,747, and by extending the completion date from June 30, 2019 to October 31, 2019. 100% Other Funds, Pharmaceutical Rebates. **VOTE: 5-0**

#78D Authorized to amend existing agreements with

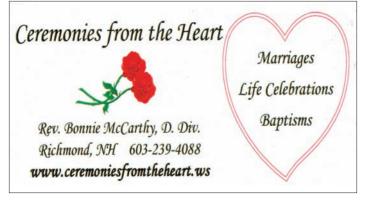
the vendors as detailed in letter dated May 29, 2019 (originally approved by G&C on 5-2-18, item #21), to provide services designed to improve breast and cervical screening rates in Strafford, Belknap, Merrimack, Rockingham, and Hillsborough counties, by increasing the price by \$253,876 from \$206,673 to \$460,549, and by extending the completion date from June 30, 2019 to June 30, 2021. 100% Federal Funds. **VOTE: 5-0** #78E Authorized to enter into retroactive sole source agreements with the vendors as detailed in letter dated June 7, 2019, for the provision of Regional Public Health Network services, statewide, in an amount not to exceed \$8,229,597. Effective April 1, 2019 through June 30, 2021. 85.76% Federal, 14.24% General Funds.

#78F Authorized to exercise a renewal option and amend an existing agreement with the vendors as detailed in letter dated June 10, 2019, to provide Family Planning Services, by increasing the price by \$884,958 from \$2,915,402 to \$3,800,360, and by extending the completion date from June 30, 2019 to June 30, 2021. 52% Federal, 48% General Funds. **VOTE: 5-0**

VOTE: 5-0

#82 Authorized the Bureau of Planning and Community Assistance to enter into a contract with Nashua Regional Planning Commission, Merrimack, NH, to undertake certain transportation related planning activities, in the amount of \$1,504,248.30. Effective July 1, 2019 or upon G&C approval, whichever is later, through June 30, 2021. 100% Federal Funds. **VOTE:** 5-0

#85 Authorized the Bureau of Rail & Transit to enter into agreements with Railroad Operators for an amount not to exceed \$1,393,626 from the Special Railroad





Fund for the maintenance and repair of State-owned railroad lines. Effective July 1, 2019 through June 30, 2021. 100% Other Funds (Special Railroad Funds). Contingent upon Fiscal Committee approval on June 14, 2019. **VOTE: 5-0**

#100 Authorized the Bureau of Aeronautics to accept federal funding for the Federal Aviation Administration State Block Grant Program to fund airport planning and development projects at the airports as detailed in letter dated May 21, 2019, and will also fund projects completed by the Department for statewide airport projects, in the amount of \$4,966,391.90. Effective upon G&C approval through September 30, 2023. 94.67% Federal, 5.33% State Funds. **VOTE: 5-0**

#101 Authorized the Bureau of Rail & Transit to enter into an agreement with the Town of Peterborough, NH, for the design and construction of a bus shelter and other transit amenities including an emergency call station at a municipally-owned public use parking lot off Grove Street in Peterborough, for an amount not to exceed \$63,360. Effective upon G&C approval through June 30, 2020. 100% Federal Funds. **VOTE: 5-0**

#107E Authorized to repurpose funds already Authorized for expenditures from the Public School Infrastructure Fund in the amount of \$1,121,258 for infrastructure projects with public elementary and secondary schools. Effective upon G&C approval through June 30, 2019. 100% General Funds. Contingent upon Fiscal Committee approval on June 14, 2019. **VOTE: 5-0**

#114 Authorized to enter into a sole source contract with Nashua Regional Planning Commission, Nashua, NH, as part of the Targeted Block Grant Program for planning assistance and training to municipalities on local, municipal and regional planning issue, in the amount of \$22,222. Effective July 1, 2019 through June 30, 2021. 100% General Funds. **VOTE: 5-0**

#134 Authorized the Division of Health Professionals to enter into a memorandum of understanding with the

RICHMOND HISTORICAL SOCIETY

Richmond, NH The Town and the Forest, 250+ years of living and growing together.

Department of Agriculture, Board of Veterinary Medicine, to include veterinarians in their impaired licensee program. (2) Further Authorized to enter into a contract with the NH Professionals Health Program, Amherst, NH, to manage and administer the a) Dental Professional Assistance, b) Physician Health, c) Impaired Pharmacist, d) Board of Nursing Licensee Monitoring, and e) Impaired Veterinarian Programs for fiscal year 2020, in an amount not to exceed \$450,000. Effective July 1, 2019 through June 30, 2020. 97.8% Other, 2.2% General Funds. **VOTE: 5-0**

#168 Authorized the Division of Travel and Tourism Development to retroactively award grants to the organizations as detailed in letter dated May 22, 2019, in the total amount not to exceed \$147,842.10 for marketing projects under the Joint Promotional Program. Effective upon G&C approval. 100% General Funds. **VOTE: 5-0**

#180 Authorized to amend wastewater state aid grant awards for the 4 entities as detailed in letter dated May 29, 2019, by increasing the grant awards in the aggregate amount of \$2,747,536. Effective upon G&C approval. 100% General Funds. **VOTE: 5-0**

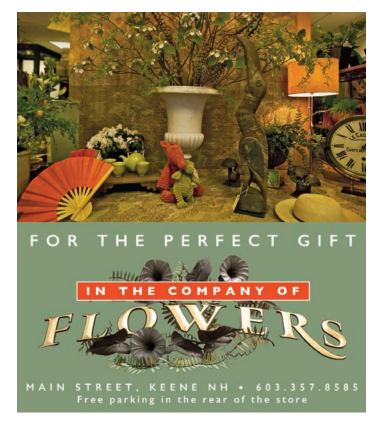
#197 Authorized James and Susan Scarborough Living Trust's request to perform work on Lake Winnipesaukee in Wolfeboro. **VOTE: 4-1 (Pignatelli)**

#201 Authorized the Division of Education Analytics and Resources to enter into a contract with GEM Consulting, Hollis, NH, to design, document, and employ NH assessment and account ability business rules, in the amount of \$100,000. Effective upon G&C approval through June 30, 2020, with the option to renew for up to five additional fiscal years. 100% Federal Funds.

VOTE: 4-1 (Volinsky)

#205 Authorized to enter into a sole source contract with Richard J. Farrell, Nashua, NH, to provide investigative services pertaining to complaints of educator misconduct, in an amount not to exceed \$153,400. Ef-





fective upon G&C approval through June 30, 2021. 100% Other Funds. **VOTE: 5-0**

#237 Authorized the Division of Public Works Design and Construction to enter into a sole source contract with D.L. King & Associates Inc., Nashua, NH, for the NH Veterans Home Generator and Dementia Wander Guard System Replacement, Tilton, NH, for a total price not to exceed \$88,000. (2) Further Authorized the amount of \$8,000 for payment to the Department of Administrative Services, Division of Public Works Design and Construction, for engineering services provided, bringing the total to \$96,000. Effective upon G&C approval through November 15, 2019. 100% General Funds. **VOTE: 5-0**

#238 Authorized the Division of Public Works Design and Construction to enter into a contract amendment with Turnstone Corporation, Milford, NH (originally

Non-GMO Forest Fed Pigs Chickens & Turkeys Sausage: The Farm At Eggs, Bacon, Ham, Hot Italian Variety of Cuts Smoked Kielbasa Maple Breakfast French Apple Smoked Baja Basil Sweet Italian Jalapeño & Chipotle Smoked French Apple frank@cchfarm.com Maple & Brown Sugar (h) 603-239-8541 Smoked Sweet Italian (c) 910-880-1901 www.crookedcreekhollowfarm.com

approved by G&C on 4-17-19, item #150), to amend the contingency for Steam Conversion at the State House, State House Annex, and State Library, Concord, NH, by increasing the amount by \$500,000 from \$500,000 to \$1,000,000. The contingency would be made available to increase the amount from \$7,649,000 to \$8,149,000. Effective upon G&C approval through the original completion date of October 30, 2019. 100% General Funds. **VOTE: 5-0**

The Executive Council confirmed the following individuals to serve on State Boards and Commissions

Adam L. Wagner, Dover, NH to the Board of Architects Sarah J. Partridge, Keene, NH to the Board of Barbering, Cosmetology and Esthetics

Tracy L. Collins, Rochester, NH and Jeanne F. Donohoe, Keene, NH to the Board of Nursing

Joel R. Tuite, Littleton, NH to the Board of Optometry James Beauregard, Bedford, NH to the Board of Psychologists

Serena R. Shomody, Keene, NH to the Board of Registration of Podiatrists

Nicole Brassard-Jordan, Manchester, NH, Deputy Commissioner, State Liquor Commission

Kerry LeBlanc, Bedford, NH to the Fire Standards and Training Commission

Peter G. Beeson, Concord, NH to the Medical Review Subcommittee

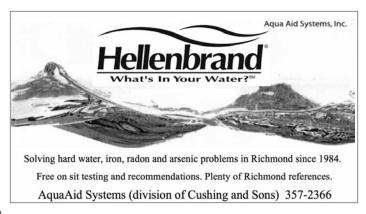
Bruce R. Burns, Hopkinton, NH to the New Hampshire Health and Education Facilities Authority

Wendy L. Parker, Hillsboro, NH to the New Hampshire Vaccine Association

Marilee Nihan, Bow,NH to the Personnel Appeals Board

James R. Tollner, Nashua, NH to Police Commission Governor Sununu nominated the following individuals to serve on State Boards and Commissions:

Alison Stebbins, New Castle to the Community College



System of NH Board of Trustees

E. Douglas Hackett, Cornish, NH to the Enhanced 911 Commission

Eric E. Wilking, Brentwood, NH to the Fire Standards and Training Commission

Cass Pond Tested

Maryann Lauretti Richmond Agricultural Commission

I met and spoke to a very nice lady, Deb, at Richmond Town Hall. She asked whether Cass Pond's water is tested. It is, and was just done at the end of June. I took a picture of the State Environmental sign. Have a Happy and safe Holiday.

Summertime Home Energy Savings

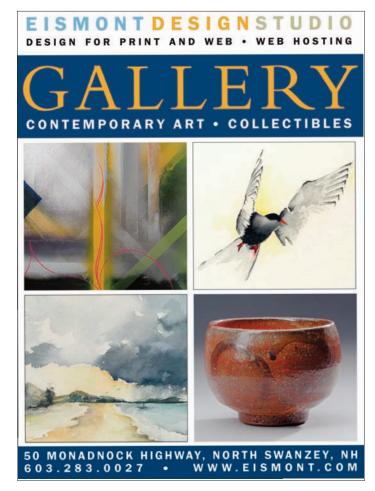
Susan Wyatt

Did you know if we can voluntarily ramp down our power consumption for a few hours when electricity and transmission costs skyrocket late afternoon, this helps us all. Plus, we won't have to turn on dirty power plants to meet the high demand for electricity on those muggy afternoons. NH has only one coal-fired plant, "Old Smoky." This plant only comes "online" at key hours. We can slash the state's overall costs and cut pollution, too. If the state cuts its use of the transmission system during that handful of ultra-pricey hours (like those muggy August days when air conditioners are blasting), every NH electricity customer will pay a lower transmission fee on their bill.

Air conditioners are the worst polluters of all our appliances. For one reason, they still use refrigerants which pollute (not as bad as CFC the older refrigerants). The problem of "peak energy consumption" brings online the older power plants like "Old Smoky." As our electric grid modernizes, we will be using power storage systems to prevent the need for "Old Smoky."

Here's How You Can Both Save and Help. We had

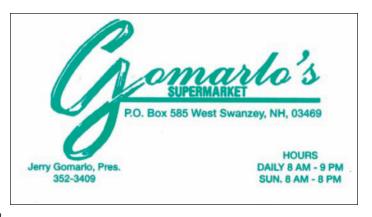




a Richmond Energy Volunteer Group which we would like to restart now. We need to get started with three volunteers or more in Richmond. If interested in joining the group, please email SusanOpalWyatt@gmail.com.

The Monadnock Region has formed an "Energy Hub." Our hope is that we will have 100% renewable energy for all the region. For now, we have passed 100% for Keene as of 1/18/19. We are starting with a "button-up effort" and LEDs for all. Four towns have been active for years and are having a "solarize effort." They have a group deal with an installer to help getting started. We hope to be able to join in next year.

If you would like to see some of the work that is getting started already visit these websites:



WANTED TO BUY Tools Toys Vintage Photographs and Clothing **Old Radios** Pottery Blue Decorated Stoneware Old Telephones Frames Old Electric Fans Musical Instruments Cameras We are currently looking to purchase many **Danny Wahl** 603-239-7200 different items, including but not limited to these items

https://greenmonadnock.org https://www.facebook.com/MonadnockEnergyHub/ https://greenmonadnock.org/monadnock-energyhub/about

Strong People Stay Young

Phyllis Ramsden

This scientifically proven strength-training program that replaces fat with muscle, reverses bone loss, improves energy and balance, and was designed by Miriam E. Nelson, PhD from Tufts University.

Exercises are done standing or sitting, with or without weights, depending on ability or doctor's orders.

I am a 78-year-old retired nurse who has enjoyed leading these twice weekly sessions at the Veteran's Hall, Mondays and Fridays from 9:05am – 10am. Come see if it's for you, then join us when you can. FREE.

Any questions, call me at 603-239-6682.

Jaffrey Historical Society

Regina G. Vorce

The Jaffrey Civic Center will be receiving \$7,300 in new technology from a donation made by the Jaffrey Historical Society. The new technology will be purchased from Arcomm Communications in Hillsboro, NH and includes a wireless projector, cabling and mics for the Auditorium Gallery. The installation is planned for mid to late July. For more information about booking the Auditorium Gallery for off-site meetings, corporate workshops or other events, please contact the Jaffrey Civic Center.

Jaffrey Civic Center is located at 40 Main Street, Jaffrey, NH, next to the Library, parking in rear. Admission is always free. For information call 603-532-6527, or e-mail info@jaffreyciviccenter.com, or our website, www.jaffreyciviccenter.com. Hours: Mon. – Fri. 10-5, (closed for lunch 12 to 1pm) Sat. 10-2.

Jeani's Watercolor Class Continues

Regina Vorce

The Jaffrey Civic Center continues the watercolor class lead by Jeani Eismont. The classes are on Mondays from 1 pm to 4 pm. For information: call 603-532-6527 or e-mail: info@jaffreyciviccenter.com.

Richmond Yard & Bake Sale

Alison VanBrocklin

Mark your calendar for the Annual Yard & Bake Sale at the Old Brick Church, 11 Fitzwilliam Road, Richmond, on Saturday, August 24. The sale starts at 8:00 am and continues until 2:00 pm. Come early for the best bargains! All proceeds to benefit the ministries of the Richmond Community United Methodist Church.

Donations to the sale are welcomed, and drop-off at the church can be arranged. Please call Alison at 239-4494 for more information.

Parks and Recreation

Karen Daugherty

Our annual Summer Reading Kick-off with the library was super fun! It was a beautiful day for being outdoors with friends. Wendy provided wonderful and engaging activities for participants. Thank you Wendy!

After signing up for the summer reading program, everyone could enter to win a telescope! One of the ac-

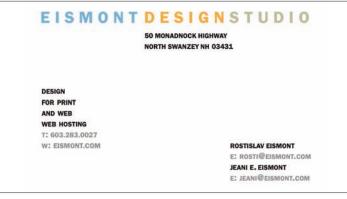


tivities was an egg drop. Individuals wrapped their egg in provided materials such as bubble wrap, egg cartons, and toilet paper rolls. It was then dropped from the top of a ladder. All eyes were on their eggs as they fell, hoping that they didn't crack!

Some chose to play lawn games, while others made kites. The wind was blowing, and it was a perfect day for flying them.

Everyone enjoyed hot dogs, watermelon, and drinks. To end the event, we enjoyed homemade ice cream thanks to Elaine Moriarty. Please join us for these upcoming events:

Aug. 9, 6pm at the Vet's Hall Ladies Game Night Aug. 17, 10am at the Pavilion "Back to School" Party Sept. 13 at the Vet's Hall Ladies Game Night Oct. 5, 2019 at the Pavilion Harvest Festival Oct. 11 at the Vet's Hall Ladies Game Night Nov 8 at the Vet's Hall Ladies Game Night Dec. 2019 Movie at Takodah









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Doug Bersaw, Karen Daugherty, Maryann Lauretti, Karen O'Brien, Wendy O'Brien, Debora Pignatelli, Phyllis Ramsden, Alison VanBrocklin, Regina Vorce, Susan Wyatt, and *The Rooster* Staff

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Email – therichmondrooster@yahoo.com **Rooster Online:** http://therichmondrooster.org

Town Business Hours

105 Old Homestead Highway, Richmond NH 03470

William Daniels, Doug Bersaw, Andrew Wallace Mon. 9 AM - 12 PM, 3 - 7 PM, 5:30 - 7 PM for business 7 PM - ? for public concerns)

Wed. 9 AM - 1 PM

Thurs. 9 AM - 12 NOON (unless posted)

Public is welcome to attend. Please call for an appointment if you have an item for the agenda.

Town Administrator: Susan Harrington
Administrative Assistant: Jennifer Thompson

Town Clerk: Annette Tokunaga

Deputy Town Clerk: Martine Imon

Mon. 9 am - 12 noon, 1 - 4 pm, 6 - 8 pm

Wed. 9-12 noon, 1-4 PM, Thurs. 9 AM -12 Noon

Tax Collector: Steve Boscarino
Deputy Tax Collector: Vacant

Mon. 6 PM - 8 PM, Wed. 9 AM - 12 NOON

Planning Board:

Meetings held at Veterans Hall. 1st Tues. of the month – 7:30 PM and 3rd Tues. if needed

Transfer Station and Recycling Facility: 239-8136

Tues. 8 AM - 4 PM, Thurs. 8 AM - 7 PMSat. 8 AM - 5 PM

Town Library: Wendy O'Brien, Librarian, 239-6164.

Tues. 3 PM - 7 PM, Wed. 9 AM - 12 NOONThurs. 3 PM - 7 PM, Sat. 10 AM - 2 PM

Police (Non Emergency): 239-6007 Fire/Rescue (Non Emergency): 239-4466

Fire Warden: Ed Atkins, 392-2027

Selectmen – 239-4232

Town Clerk – 239-6202

Tax Collector – 239-6106

Road Agent: Mark Beal – 903-2184 Visit town on-line: http://richmond.nh.gov





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