

Summer in My Garden

Carol Jameson

It is early August. The heat and humidity have been awful. The drought of early July has been replaced by about 9 inches of rain in three or so weeks, interspersed with brutally hot sun and temperatures in the high 80s to mid-90s. Some plants love this – weeds obviously thrive in it. Other plants suffer with powdery mildew, bagworms, or in general, just wilting and failing to thrive.

My garden is a large ornamental garden of specimen trees, shrubs, perennials, and a few annuals. I mulch the garden in the Spring which cuts down on the weeding, as well as holding moisture in the soil. I love working in the garden and do not begrudge a minute of the work.

The best thing about summer in the garden is the time we enjoy the results of all our work. We see the things that work, that look beautiful: changes in the plants, how things are different from the year before, plants that are reseeding, the ones that grew more than expected, the ones that did not come back or came back without any additional growth, the things that don't work, a plant that needs to be moved somewhere else, a plant that produces very little beauty for the amount of work it requires, a plant that develops pests or disease – can it be moved and thrive somewhere else, the differences in every plant, every year - the ones that sleep, creep, or leap this year as compared to other years, the beauty of being out in the midst of the birds and the insects, the bees that buzz all around me as I work, the hummingbirds that I hear before I see them. Birds that nest and call all around me, the joy of catching one as it makes its call.

Maintenance of the Garden in the Summer

August chores focus on weeding and tending the plants. I deadhead and cut back perennials. This is probably the most time-intensive summer task. I stake plants that are flopping if I did not think to stake them before they grew tall enough to flop. Some beds need to be edged again. I edge with a sharp spade or half-moon edger, cutting the edge between the perennial bed and the grass. This helps keep the grass out of the flower bed, although some always manages to creep in no matter what I do. Why is grass so hard to grow where you want it to grow, and so easy to grow where we don't want it to grow? (I know the answer to this question. We enriched the soil in the flower beds and not the sandy soil in the lawn. What blade of grass wouldn't prefer life in the fertile bed?)

Whether I deadhead a perennial or cut it back depends on the plant. Some perennials that have gone by and won't rebloom are cut back to basal growth, such as early blooming phlox, penstamen, perennial salvia (sage), and delphinium (larkspur). The spent blooms and high foliage become ratty if left on the plant, and new foliage will regrow from the base within a few weeks.

Other perennials that will rebloom are cut back more moderately, such as nepeta (catmint), platycodon (balloon flower), and perennial geraniums. For balloon flower, I cut or pinch the spent blooms as they die from the top of the stem downward, and then cut the stem down to basal growth when all blooming is finished. With perennial geraniums, I cut off the oldest thickest stems at the base – these are generally at the perimeter of the plant. This allows new shoots to grow with new blooms, and it removes the oldest stems which start to die and carry less blooms as they get too old. With

State Primary Elections – September 11, 2018 Veteran's Hall from 8:00 am to 7:00 pm.



Carol Jameson's ornamental garden

nepeta, I cut off about half the stems half way down periodically or, if I haven't gotten to this regularly, I will cut the entire plant down. It regrows quickly with fresh new foliage and flowers.

Daylily stems are cut off once all the lilies on the stem have flowered. If time permits, individual flowers can be picked off as they pass – ditto with dead or dying foliage. Reblooming daylilies such as Happy Returns and Stella D'Oro rebloom more often if the spent stems are cut off.

Hosta flowers, which are held on individual stems above the base foliage, are cut off before they can drop their petals onto the foliage and leave dead spots where the petals rot on the ornamental leaves. These plants are grown more for their interesting foliage than the look of the flowers in any event. It is easy to reach in and cut the flowers off at the base of their stems – the flower stems are stronger and rounder than the leaf stems, easy to spot and remove from the base of the plant.

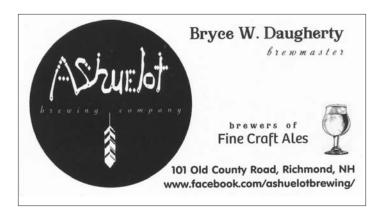
Some spent blooms are left on some plants for winter interest or as food for the birds. Rudbeckia, astilbee, baptisia (false indigo), Joe Pye weed, and alliums are in this category, although baptisia seedpods may have to be removed if they are too heavy for the branch and

cause it to flop.

I also keep an eye on the trees, shrubs, and perennials for insects and other problems. Most problems can be kept minor if spotted early. A borer on an evergreen can be eradicated by cutting off the affected part — usually the tree's leader. This is not a problem if it is caught before the borer has moved too far down the stem. You likely have a borer if you see the top of the stem dying.

Japanese beetles can be picked off before they ruin the flowers or foliage. Bagworms can be removed from the leafy ends of tree stems, or the stem end with the cocoon can be cut-off, if caught early. Powdery mildew can be mitigated if the mildewed leaves are removed or the plant thinned before the mildew is too awful. Given this year's summer weather, powdery mildew is worse than usual. An ounce of prevention is worth a pound of cure, they say, and it is true in the garden. The best remedy for powdery mildew is to put in plants that have some resistance to it. In the summer phlox family, I have had good experience with the white David phlox and the variegated foliage, pale pink flowered Nora Leigh.

In all cases, the best weapon against pests and diseases is to look for plants that have minimal problems



with them. I took out our roses because I could not control the Japanese beetle population after several years of trying – more than one hundred beetles each day. Too many to handpick. I would not use chemicals because the ones that are effective are bad for the bees. The idea of attracting bees to a beautiful flower that may be poisonous to them does not sit well with me. Since we took out the roses, we have had minimal problems with Japanese beetles. I am tempted to try a rose bush again. The flowers are beautiful and they are in bloom for so long.

Summer also is a time to take note and make notes on what must be done next year. We will not see next spring what we see now - a plant too close to another, a gap where a plant has been moved, the need for color or seasonal interest in a specific spot. Transplanting in Summer is an iffy deal. Some plants can tolerate it with extra care taken, others can not under any circumstances. Generally, a plant with a taproot root structure will not transplant well outside of fall or spring. Baptisia is a good example of this. But a tough hardy native like echinacea (cone flower) or rudbeckia (black eyed susan) with a more diffuse fibrous root structure may be fine so long as you water it well if rain is lacking for the first week or so. Drought resistant plants like sedums (Autumn Joy, etc.) and coneflower transplant easily even in the summer heat and drought.





August lingers, then passes, bittersweet. The heat lessens in September, but the days will get shorter and after September – the beauty of fall, with all the fall chores, is close at hand. But close, too, is the desolation of winter. Desolation, that is, for the ornamental garden. Beauty in other places. If we plan well, we may get beauty in the ornamental garden in winter – red or yellow twigged dogwood, berries on hollies and viburnum, grasses with ornamental seed heads on high, interesting perennial plant seed heads, and the evergreens mixed among the other plants. Paperbark maple has a beautiful bark. Witch hazel and hellebores (Lenten roses) bloom early even in the snow. So much to plan and try.

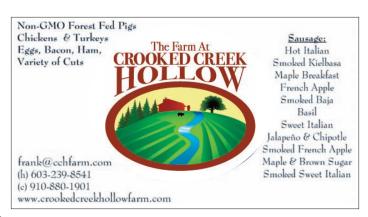
Dates to Remember

Annette Tokunaga, Town Clerk

August 30 Last day to register to vote with town clerk

September 3 CLOSED for Labor Day September 11 State Primary Election See you at the polls!

September 30 Transfer Station stickers expire Purchase new ones at the Town Clerk's office or at the Winchester Transfer Station or at the Winchester Town Clerk's office. \$20 for the first one, \$1 for additional stickers for same household.



Richmond Public Library 19 Winchester Road, Richmond, NH 03470 Ilibrary@richmondnh.us Tel. 239-6164 Tuesdays & Thursdays 3-7pm Wednesdays 9-noon Saturdays 10am-2pm Catalog: opac.libraryworld.com/ opac/home.php. Library name: Richmond Public.

Voting at the State Primary

No password required.

Annette Tokunaga, Town Clerk

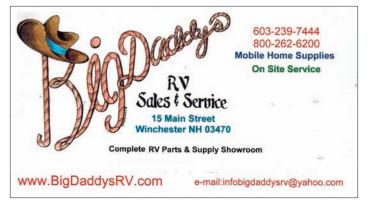
The State Primary Election will be September 11 at the Veteran's Hall from 8:00 am to 7:00 pm.

If you are not yet registered to vote, you may do so at the Supervisors of the Checklist session to be held on August 30, 2018, from 7:00 to 7:30 pm at the Veterans Hall or on Election Day.

Voters registered as *Undeclared* may receive either a Republican, Democratic or Libertarian ballot on Election Day by stating their party preference to the checkin clerks. Voters wishing to return to *Undeclared* status should go to the Supervisors of the Checklist table after voting. Voters registered as Republican or Democrat will only be given the ballot of the party to which they are affiliated.

If you are not able to come to the polls on Election Day, contact the Town Clerk's office to obtain an absentee ballot. After the voter has marked the ballot and properly sealed it in the envelopes provided, the absentee ballot can be returned in one of three ways:

- Personally returned to the Town Clerk's office by the voter, no later than 5:00 pm on Sept.10th.
- If the absentee ballot is mailed back, it must be received no later than 5:00 pm on September 11th.
- The absentee ballot may also be delivered by the voter's parent, spouse, child, or sibling no later



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than 5:00 pm on September 11th. If delivered prior to or on September 10th, the person should hand the ballot directly to the town clerk or the deputy town clerk during regular business hours. If the ballot is delivered on Election Day (and no later than 5:00 pm), it should be given to the town clerk at the polling place. Please be certain to bring a government-issued photo ID if you are one of these four qualified people delivering an absentee ballot for a voter.

You can view your status as a registered voter in Richmond, your party affiliation, or the status of your absentee ballot by going to http://sos.nh.gov/. Click on "Voter Information Look-up" and follow instructions.

Sample ballots are posted at the Veteran's Memorial Hall, at the Town Hall and on the Town of Richmond website. I also have copies available at my office. Please call 239-6202 if you have any questions.

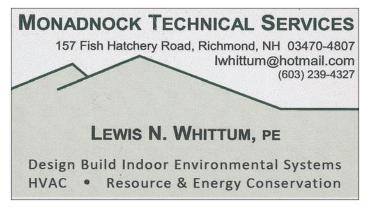
Library News

Wendy Obrien

Every Saturday, 10:30, Knitting Circle Every Wednesday, 10:00, Story Hour

SPECIAL EVENTS

Sat. Sept 1, 10:30-11:30, Community Coffee Hour **Thurs. Sept 13,** 5:00, Teen Pizza Night



Teen Pizza Night is Back!

Going back to school shouldn't be all work. Come join us for Teen Pizza Night on Thursday, September 13, at 5:00 for pizza, snacks, games, and fun! Thanks to the Parks & Recreation Committee for helping to fund this event.

Summer Reading: Libraries Rock!

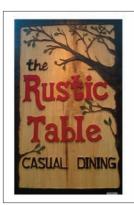
What a fantastic summer reading program! We spent each Wednesday morning making and listening to music together. It was a community wide effort, with special thanks to Greg Bunko, Sandy Laughner, Sister Maria Philomena, Sister Marie Therese, and Sister Maria Perpetua for sharing their instruments and love of music with the kids. We also thank Elaine Moriarty for helping with the bulletin board and the Parks and Recreation Committee for creating a fabulous kick-off and finale.

Used Book Sale and Raffle

We are looking forward to another great Richmond Day Book Sale and Raffle. A big thank you goes to the volunteers – without you we couldn't do it! They include Sandee Auvil, Pam Lavoie, Susan Marsden, Bonnie McCarthy, Jerry Mills, Peter Mulhall, Trish Newton, Sheldon Perry, and Noah Raymond. Contributors to our raffle so far include: Toadstool Bookshop, Hannaford Supermarkets, John Lewis, Bonnie McCarthy, Jerry Mills, Peter Mulhall and Carol Jameson.

Richmond in the Civil War Exhibit

Thanks to the Richmond Heritage Commission and the Richmond Historical Society, we now have a listing of all the soldiers in the Civil War who were born in Richmond. Our next "Town History Tales" exhibit will focus on many of these soldiers and how the Civil War affected everyday life in Richmond. A big thank you to Hank Hallas who not only created and donated a huge binder of materials on these soldiers for ongoing his-



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New Adult Fiction

Paradox, Catherine Coulter
A Noise Downstairs, Linwood Barclay
America for Beginners, Leah Franqui
Bullshit Jobs, David Graeber
Ten Arguments for Deleting Your Social Media
Accounts Right Now, Jaron Lanier
The Other Woman, Daniel Silva
Clock Dance, Anne Tyler
Double Blind, Iris Johansen

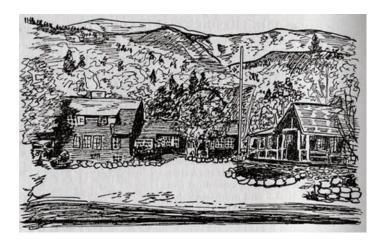
New Books on CD:

Astrophysics for People in a Hurry, Neil deGrasse Tyson After Anna, Lisa Scottoline Cottage by the Sea, Debbie Macomber Before and Again, Barbara Delinsky



OverDrive

And don't forget the NH Downloadable Book Consortium with tons of free audio and eBooks for your tablet or phone, which return automatically with no fines. Download the easy Libby app from iTunes or Google Play, select Richmond Public from the NH State Library list and you are ready to go! You do need a valid Richmond Public Library card number to access this service – please come by the Library if you need one.



GIRLS ON THE JOB

Barbara Hull**

Illustrated by Gloria Robinson

**Barbara Hull was in her junior year at Bryn Mawr College, majoring in economics and geology, and was news editor of the *College News*. She spent her spring vacation in 1942 skiing at Pinkham Notch, and returned to spend the months of August and September there as a hut girl.

(The heading image was drawn from a moonlight photograph by Harold Orne.)

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"Your playing days are over," was Slim's greeting as I panted into Zealand Hut one hot afternoon.

"My what?"

"Joe sent me over to get you, and I've waited more than an hour already. You've got a job at Pinkham. Let's go!"

So I was at last a hut girl; it hardly seemed possible. But Slim was right there and his impatience to get me back to Pinkham convinced me this wasn't just a dream.

We hurried down the trail to the truck waiting on the highway. I was full of speculation, eagerly curious to know what I would have to do in order to be a hut girl. Even Slim's laconic reply, "Everything," to my queries as to what my duties would be, failed to temper

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my enthusiasm.

Tex greeted us at Pinkham with a delicious dinner, after which Laurie, the hutmaster, took me aside to outline my duties. They were legion, so much so that I wanted to start immediately—I felt that the days were not going to be long enough.

"Not so fast," said Laurie. "You'll begin soon enough tomorrow. See you at breakfast at seven sharp."

Before turning in, I sought out Barbara Rowe for a chat. Barbara used to be secretary to the manager of the A.M.C. hut system, and was the first unmarried feminine member of a hut crew. I had sensed that the crews were not overly enthusiastic about welcoming girls as workers to their hitherto masculine midst, and it was somewhat comforting to learn that Barbara had felt this too but did not consider it a very serious problem.

"No doubt about it; the fellows should run the huts in normal times. But now that Joe just cannot get men, we've got to show 'em that girls aren't entirely useless."

Next morning after breakfast, I plunged into what seemed a dizzy round of duties; I put up trail lunches, dried dishes, cleaned upstairs and downstairs in our main building, the Trading Post, brought supplies from the storehouse, set the tables for meals and helped serve, ran the dishwashing machine, helped Tex with his kitchen duties, learned to work the cash register at the desk, answered questions, and became acquainted with the other crew members. They were courteous, full of fun, and glad to help me learn my job. I liked being a hut girl and was eager to know as much about it as possible—maybe that's why the days seemed to run along so fast.

The first afternoon that Laurie and Barbara entrusted me with the desk was momentous. I felt very important, answering questions and selling post cards, camera films, and ice cream.

"Is the Lakes-of-the-Clouds ferry running this afternoon," asked one high-heeled goofer. Hardly



believing my ears, I groped for an answer. Fortunately, Stonewall, a slow-moving, seventeen-year-old Southerner, was right there to help out.

"Well ma'am, last I heard it was running fairly on schedule. But you know, this gas rationing isn't helping much. Now that priorities are holding up fuel, they run her more on banana skins these days—she slips right along too, yes ma'am!"

The woman stared, then slowly grinned and turned to re-read the Ferry notice:

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Goofers were plentiful. A solitary man arrived late one afternoon, quite obviously dubious of me, of the surroundings, of everything. Apparently somebody had told him he would enjoy a stay at Pinkham Notch Camp, and now that he was here he was baffled by the whole set-up. As I was explaining to him that our bunkroom style accommodations weren't so bad and that he would probably have number 6 in the Lodge all to himself, a woman, an old hand, dashed in. I hastily assigned her to number 7 and turned back to reassuring my goofer.

Next day I greeted Laurie with my usual "Hi- good

morning." His growled "Good morning" stopped my headlong dash to the kitchen.

"You were the one who assigned rooms yesterday afternoon, weren't you?"

"Yes. Why? Did anything happen?"

"Did anything happen! Three women arrived around midnight and seeing by the Lodge chart that there was one woman in Room 6, I sent them there. The next thing I knew, the whole Lodge was in an uproar when that man found three women going to bed in his room." "Oh—the numbers! I must have gotten them mixed up."

"Yes, you must have," was Laurie's ironic comment.

I have often wondered if that distressed occupant of number 6, who left early the next day, will ever again entrust himself to the astonishing ways of the A.M.C. hut system.



I had forgotten the "Stop Drain" lever.

Though my domestic abilities were much doubted by Mrs. Dodge, and rightly so, on one occasion she entrusted me with the job of running her washing machine. After much figuring over faucets and buttons, vainly trying to recall past science courses, I finally succeeded in getting the

machine to operate and sat back to enjoy the "chuck-chuck" of the clothes being washed without any effort on my part. Suddenly, I realized that I should be tending the desk in the Trading Post. Leaving the Porky Gulch crew's laundry to toss around at the mercy of the three-legged, rumbling monster, I tore down to the desk.

An hour later, I returned to the Dodges' kitchen door to be met by a raging flood. Wading to the center





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of the confusion, I discovered that despite my technical approach to the problem of running the machine, I had forgotten the "Stop Drain" lever. Fortunately, the machine had been kind to our clothes, and Mrs. Dodge is long suffering.



I tried desperately to be of culinary worth to my instructor.

My cooking ventures were not very much of an improvement over my washing. Tex, Porky's unequalled chef, kindly took me in hand and tried to instruct me in the art of producing Parker House rolls, cakes, and pies. To repay his kindness in let-

ting me in on a few of his famous trade secrets, I tried desperately to be of culinary worth to my instructor. On one of his days off, I attempted a cake. The result was not too happy. It was burnt black on one side and uncooked on the other, although about one square inch or so in the middle was just right. Everyone was most sympathetic; one person was even kind enough to suggest that there may be something wrong with the oven.

Trail lunches were my specialty – dozens of them. In the morning or at night, ham, jam, and cheese. In time I learned to be wary of a guest's cheerful "Goodmorning" which was so often followed by a request for a special trail lunch. "Could I have dark bread, please.



And please put a few of those dee-licious bran muffins and....

And very little butter. And oh yes – just orange marmalade and real ham. Plain chocolate bars are the Doctor's orders, and could you please put in a few of those dee-licious bran muffins we had for breakfast." After a few weeks of

this, I learned to smile sweetly and say why yes I'd love to fix it for him, and could I do anything else to make him happy. However, I often longed for the freedom of the other huts, where formality and special lunches are at a minimum.

Besides the hard work there was much joking and fun among the crew members, and the summer's end came quickly, all too quickly. My younger brother Johnny, who had been hutmaster of Greenleaf, came down from the hills to Pinkham with flowing hair and brawny muscles. The time had come to return to civilization. It was a horrible thought. Neither of us had seen a movie for months. How could we face drawing rooms, overstuffed sofas, trains, and people uninterested in the mountains. Johnny sat on the counter, gnawing a chop held between his fists, as I looked on in admiration.

"We could hitch-hike home," said Johnny. "At least then we could put off bothering with trains."

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It sounded wonderful. It *zoos* wonderful! That's what we would do. And so we said good-bye to everybody and sat down by the side of the road in front of Porky Gulch to await a ride. We waited an hour. Not a car went by.

"Well, it looks as if we'd have to go back for lunch." Johnny said. "I guess we'll have to walk if we're going to do away with trains."

Just then a car rounded the corner—and stopped. Our first ride! One last, long look at Mt. Washington. We were on our way, sorry that the summer was over.

Things and Thoughts from the District

Neil Moriarty

- i. If you have a problem that you can't seem to solve try calling 211, which will put you in touch with a host of resources that provide assistance.
- ii. This document represents the opinion of Neil Moriarty, and may not represent the opinions of the Monadnock Regional School District school board.
- iii. Our Cass Pond There is an old Boy Scout saying "Leave Only Your Foot Prints When You Leave!" Let's try to follow this –including your kids.
- **1. Are you Interested in a Position Within MRSD?** I quickly viewed the opportunities open they range from van driver, substitutes of many kinds, teachers, aides, and a bookkeeper type.

The district, along with many other school openings, can be found on the district website. (https://www.mrsd.org/Page/9); then go to SAU93, open the window, 3rd one down is Human Resources Employment; over to the right of the screen that comes up, click on: job opportunities and application process. That brings you to another screen that will get you to School Spring employment services. Given you are only interested in Monadnock jobs, follow the instruc-



tions that will limit the response to only our districts opportunities. Follow the directions to apply –GOOD LUCK!

2. Thoughts on the software "Go Fund Me (GFM)" and its Use for Collecting Funding for School Projects. The district can use credit cards* for food service payments. However, you have to have a separate "account" to collect credit card money for other uses; i.e., school trips, scoreboards, etc. the software GFM can collect credit card money on your behalf – and they charge 8% for doing so.

We all see that today many people just don't use cash anymore. I have asked Ms. Witte to look into: a) have we already established a separate Credit Card collection system for Monadnock?; or What will it take to set this up? Thus we would no longer need the services of Go Fund Me, that's 8% more for the project.

3. Things are slow in the district in the summer – meetings postponed, no quorum at meetings, etc. I have a list of eight items I would like to see addressed in this calendar year, but we don't have progress in the summer.

Thanks for reading my article. If you have suggestions, comments, or news you wish me to include, contact me at: cmoriarty@ne.rr.com, 603-239-4031, or 782 Old Homestead Hwy, Richmond NH 03470.

* when I say credit cards, I am including debit cards also.

Congratulations to Eliza Randall

Neil Moriarty

The University of Hartford recognized Eliza for making the Dean's List.

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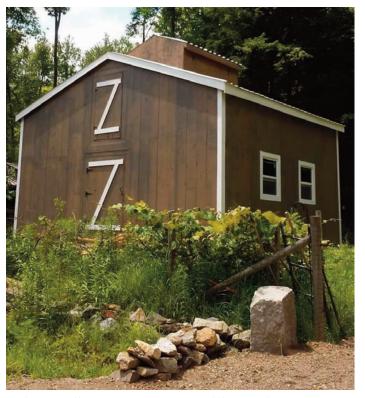
Richmond selectman Bill Daniels is a family man of many talents. His family moved to 55 Greenwoods Road twenty-six years ago when it was still more Green Woods than Road. On their ten acres he and his wife Jen raised four daughters and one son, all of whom still live in Cheshire County and have given them five grandchildren. I won't even mention the plethora of puppies until later. Aside from working as the fulltime manager of St. Pierre Quarry in Marlborough and being the aforementioned Richmond selectman, Bill is the founder/owner of Daniel's Family Maple which is a sugarhouse located about 200 yards down the road from his driveway. Producing maple syrup is not the only Daniels family endeavor, but more on that later with the puppy talk.



The evaporator on the first floor.

Sugaring season is generally mid-February through mid-April. Bill taps his maples with a vacuum system. These compose about 95% of his trees. During the season he usually fills his initial storage tank daily with about 1600 gallons of raw maple sap. The sap then goes into a reverse osmosis (RO) process to separate the sugar water (sap) into pure water and a more concentrated version of the sugar

water, which is transferred into an 800-gallon tank.



Being totally averse to waste, Bill uses the pure water to wash and clean the RO machine. The concentrated sugar water then goes into a second reverse osmosis process and is transferred into a third, 300-gallon storage tank located on the floor above the other two storage tanks. By this time the concentration is about 12-20% sugar. Now the boiling process to make the final maple syrup begins as the concentrated sugar



water is transferred by gravity from the storage tank on the second floor to the evaporator on the first floor. Because of the double RO process, it takes just over two hours for the 280 gallons of concentrated sugar water to be evaporated into 32 gallons of pure maple syrup. If it were not for the RO process, the boiling time would be approximately 15 hours. I'm no math whiz, but I will guess that the RO process saves about 85% of the time and fuel needed for the boiling process.

Bill and his daughter, Chelsea, started making maple syrup in their back yard for their own use 20 years ago, enjoying both the experience and the final product. In 2006, Bill built a small sugar house and began increasing his production with his first commercial evaporator. He now has a new, larger sugarhouse housing the highly-mechanized commercial extraction to final product described above. Daily maple syrup production varies during the two-month sugaring season based on weather conditions. Bill typically produces an average of 500 gallons of maple syrup per season. He is targeting to double his production in the future by tapping more of his own trees and possibly purchasing additional sugar water (sap) from other producers. Currently he sells his maple syrup by the half gallon, quart, pint, half pint, and 8.5-ounce novelty container (maple leaf, moose flask or log cabin). He charges \$56 per gallon (you can do the math for lesser amounts...not me) for his syrup and \$10 for a novelty container.

Honey is probably the only food stuff that has a "forever" shelf life. Bill has two honeybee hives with about 50,000 bees, which produce about 50 pounds of honey once he spins the combs in his honey extractor. His future plans include increasing his hive count to twelve. Starting in October he will begin selling the honey in one-pound jars. The Daniels family has big plans for expanding their wares in the future, but noth-

ing compares to the production of their adorable, purebred Labradoodle Beanie. Earlier in the week she gave birth to her first litter of twelve pups! Eleven survived and were snuggling on a blanket on the living room floor with mom when I arrived. Two of the Daniels' grandchildren, Cameron and Connor, were in rapt attendance helping corral the little wigglers. Their purebred chocolate Labrador Hazel gave birth to a litter of six pups about two weeks earlier. Luckily the two grandsons were only too happy to keep my arms filled with brand new canine life: doggie fix galore!!'

So, when the need for local, pure maple syrup or honey or puppies comes calling, please remember Bill Daniels and his family. The best way to make arrangements for pick-up, other than during sugaring season, is to email Bill at billdaniels54@gmail.com or text him at 603-209-6011. And be sure to tell him you "Read it in *The Rooster*."

Chopped Chicken Salad with Apples and Walnuts

Terri O'Rorke

1-2 C. chopped romaine lettuce

4-5 oz. cooked, diced chicken breast

1/2 C. canned chickpeas, rinsed and drained

1/2 medium apple, chopped

1/4 C. each chopped avocado, celery, cucumber, and tomato

2 scallions, minced

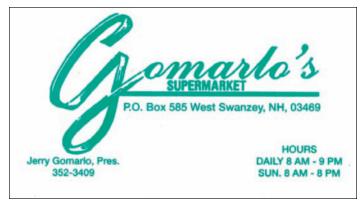
1 tblsp. chopped walnuts

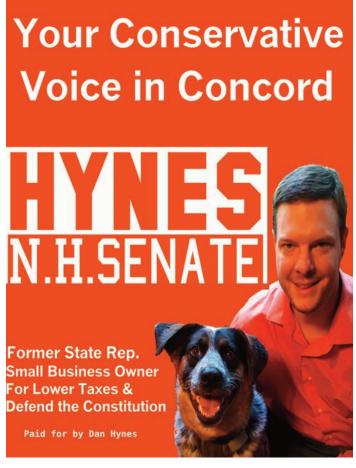
2 tblsps. raspberry vinaigrette

Place lettuce in a large bowl, add remaining ingredients, drizzle with vinaigrette and toss to coat.

459 calories per serving. (Serves 1, plan accordingly) A nice end-of-summer salad can be served with crusty French bread! Enjoy.







Why Join a Chorus?

Vicki Provost

Credit: Forte Notensatz/Lugert Verlag GmbH GmbH & Co. KG

There are several choruses to choose from here in the Monadnock Region. Each chorus is unique. Some require auditions and members must know how to read music. Some focus on classical music while others focus on more contemporary tunes. Some are co-ed like the Chorale and the Chamber Singers. Others, such as the Cheshiremen and Animaterra Women's Chorus, are gender specific.

So, why do millions of singers rapturously join the

choir rehearsal each week? It's quite simple: Singing together brings joy, releases feelings of happiness, keeps you healthy, and promotes the social togetherness.

To maintain this positive feeling in everyday life, the publishing company "Lugert Verlag" has listed ten golden rules for choral singers. Enjoy reading!

- The choir comes first, even if there is so much to do otherwise. Treat yourself to the choral rehearsal as a wellness oasis.
- Sit up straight on the edge of a chair, relax your shoulders, look ahead and smile!
- Be attentive to the rehearsal, listen to the other voices, and postpone conversations with your neighbor.
- Be open to new ideas, even if you initially resist. Trust the conductor; she/he knows what they are doing.
- If something has been bothering you for a long time, talk with the conductor or the choral board after the rehearsal.
- Be well-organized: arrive at rehearsal on time with something to drink and a sharpened pencil, keep an eye on your choral appointments (in your calendar and as printed version in your music case). Arrange all your appointments with your social environment (family, work).
- Offer support and take on responsibility. Big aims are being achieved together.
- Learn something new every day! Listen to choral music, visit concerts of other choirs or join a singing workshop.
- Keep your voice healthy: drink enough, don't harrumph and whisper. During hoarseness: take a break from singing!
- Sing and practice as often as possible during cutting veggies, driving a car with your children, and during walks in the forest.

My personal journey with choral singing has been incredibly positive. I have had the great pleasure of







singing in *Animaterra Women's Chorus* for the past ten years. There are no auditions and no need to be able to read music. Our director Becky Graber, who also directs *Brattleboro Women's Chorus*, uses a method of teaching by ear. She is a brilliantly gifted musician who injects enthusiasm, thoughtfulness, and humor into each and every rehearsal. We rehearse on Tuesday evenings from 6:30 to 8:30 pm at the Baptist Church in Keene. For more information, please email kthorn123@outlook.com or call 603-757-2395. After reading all the benefits of singing in a chorus, why not give us a try?

Parks and Recreation

Karen Daugherty

Kids are back in school, but hopefully we will still have

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T 603.283.0027 E INFO@EISMONT.COM W EISMONT.COM some warm weather so we can enjoy the park and beach for a while longer. This month the buoys will be taken in and the port-o-potties at the park and beach taken away. If you do frequent the beach, please remember that it has a carry-in/carry-out policy. Make sure you take all food and drinks with you when you leave. We have had a lot of geese and duck droppings at the beach this year, and we don't want to encourage this behavior. Keep the beach and water clean for everyone to enjoy.

Also, there has been a light blue boat chained to the tree near the boat ramp on and off this summer. Please do not leave your boats at the beach. The beach is town owned. The ramp and water is State owned. It is not a private dock.

We had great weather for the Beach Party in July.

Pamela Goodell

Author

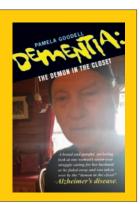
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Participants enjoyed hot dogs and s'mores over a fire, a game of Greased Watermelon, Tug'o'War, and a Sponge War. The game of Tug'o'War started out as a handful of boys against girls, but finished with several on-lookers running in, one-by-one, to save the day on



the side they were rooting for. It was lots of fun, and I hope everyone enjoyed themselves! Hopefully, by the time you're reading this you will have attended the Summer Reading Wrap-up, complete with Back-to-School supplies, and sponsored by the Parks and Recre-

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Phone (603) 239-4843 ation Commission and the Richmond Public Library. We look forward to hosting these upcoming events:

Sept. 29: 12-3pm is The Harvest Festival at Amidon Park (behind the fire station). We'll have lawn games, stew, rolls, and warm drinks! Bring a dish to share if you'd like.

Dec. 15: Movie Time (TBD)at Camp Takodah.

Feb. 2019: Winter Event

Apr. 2019: The Annual Easter Egg Hunt

Spring 2019: We will sponsor the town

Roadside Clean-up

June 2019: The Annual Summer Picnic and Tie Dye party

For Sale

Canoe: Coleman Marine 15ft. Great condition: \$250.00 Includes 2 paddles, oar locks and 4 car-top canoe holders Telescope: Tesco Galaxsee Retractor Telescope. 675 x 60mm power with tripod in original box: \$45.00 Wood splitter: 22 ton Huskey, Brown and Sharp engine, vertical or horizontal. Very limited use: \$800. Call Bill at 239-4037

July Update

Representative Jim McConnell Cheshire 12 (Richmond & Swanzey)

Since this is an election year, there are two opportunities for Representatives to file Legislative Service Requests, which are requests that bills be drafted. The first begins September 10 and ends September 21. The second begins November 13, one week after the election, and ends December 3.

I intend, assuming I am re-elected, to sponsor three of the bills I submitted last year which failed. The first, HB 1557, required that meetings and sessions of committees of the House of Representatives be recorded and made available on the internet. The second, HB 1745, making appropriations for costs involved in controlling invasive aquatic species. I believe both of these bills will become law next year. The third, HB 1797, added a surcharge to the costs of containment, cleanup, and remediation of water, air and soil pollution. This bill is intended to ensure that New Hampshire is no longer seen as a friendly environment for irresponsible companies with a pollution problem. We have records which show that St. Gobain Performance Plastics – the company responsible for the chemical pollution in the Litchfield-Merrimack area – moved to Merrimack from

Bennington, VT because Vermont was insisting the company add scrubbers to its smokestacks and New Hampshire had no such requirement. With suitable changes, I believe this bill also has a good chance of becoming law. In addition, I will be submitting a bill for Cheshire County seeking to change an existing law's effective date which may permit Cheshire County to recover some renewable energy costs. The Town of Swanzey has also asked me to submit a bill relating to the bearing of costs by those foreclosing on property which are currently born by the towns.

I generally file no more than ten bills because it is difficult to devote the time to properly prepare the necessary testimony for more than ten bills and still have time to effectively fight bad bills. The exception to this rule of thumb was in 2015 when I submitted fifteen bills, seven opposing the Kinder Morgan pipeline. Since almost all the pipeline bills were heard by the same committee and required much of the same research and similar testimony, that proved manageable.

With the bills I have mentioned and a number of others I am researching, some of which I may submit a year from now, there is still an opportunity for me to consider other bills. The time for me to hear about bills which my constituents feel should be introduced is now. If there is a bill you think is needed, please send me an email and I will do the necessary research to see if submitting it makes sense. While I can do a good deal of this myself, at a certain point, I will almost always ask the Office of Legislative Services to research existing laws and the history of bills which are similar to those I am considering. All of this takes time, so the sooner I have any suggestions, the better.

I can be reached at 903-3878, which is my cell phone. My personal email is mcc@mindspring.com Please use my personal email as my legislative email is sometimes inundated from both out of state interest groups and individuals and I'd like to make sure that you, my constituents, can reach me when you want to and not get lost in the shuffle.

August Update

Representative Jim McConnell

The legislature is inactive in August, so I thought I would provide an update on the University System of New Hampshire, and specifically the shrinking of Keene State College, subjects I've devoted substantial attention to over the past year.

Sixteen months ago, I became deeply involved in the State Budget. That led to my interest in the State's contribution to the University System's budget which was deemed, by the University System, too insignificant to warrant Legislative access to their books beyond the numbers in their Annual Report. As a result, when asked where I would find savings in the State budget, I answered that the \$162 million biennially contributed to the University System would be a good place to start. A few weeks later, I was invited to meet representatives of Keene State to discuss the matter and, shortly thereafter, with the Vice-Chancellor and Treasurer who offered access to anything I wanted to know.

Since last fall, I have attended all of the University of New Hampshire Trustees' meetings which have not conflicted with legislative sessions, and have met separately with members of the University System's leadership, as well as Keene State's recently appointed Interim President Melinda Treadwell. I am the only legislator who attends the Trustees' meetings regularly, aside from the Senate President's and Speaker's representatives.

While I have an interest in the entire system, I am particularly concerned with Keene State.

Enrollment at Keene State has declined from 5,235 in 2009 to what is projected to be approximately 3,600 this fall. Staff reductions have followed, primarily in the past year. Keene State's difficulties are partly due to a decline in high school graduates, but also due to exceptionally poor, past leadership and the failure of all but the most cursory supervision on the part of the University System. A very persuasive argument can be made that this corner of the state can't afford to see Keene State continue on its recent, very reduced, path.

There are, however, grounds for optimism. Particularly noteworthy, and a huge potential saving, is the fact that incoming students will now be able to commute to Keene State if they live within thirty miles of campus. Also of great importance, and among a number of other priorities, Keene State must begin to ensure expanded and affordable evening and summer opportunities exist for those seeking mid-career transitional and specialized training.

I will continue to attend the Trustees' meetings and remain involved with the University System. I will also do everything possible to ensure that Keene State builds on this year's 3,600 students and gets back to being a fully occupied campus, provides the educational oppor-

tunities the southwest corner of the state needs, and contributes fully to the local economy.

I can be reached at 903-3878, which is my cell phone. My personal email is mcc@mindspring.com Please use my personal email as my legislative email is sometimes inundated from both out of state interest groups and individuals and I'd like to make sure that you, my constituents, can reach me when you want to and not get lost in the shuffle.

Flags and Cemeteries

Bill Coll

The Richmond Cemetery Trustees have, to the best of our abilities and records, installed new standards and flags on all Veteran graves in Aldrich, Barrus, Benson, Middletown, and Earl R. Howard cemeteries before Memorial Day 2018.

Checking the Barrus cemetery later, it was noticed that additional flags were placed on other graves. If anyone knows who placed these flags, the Trustees would like to speak with that person or group to gain the information they have that would establish Veteran status to those deceased individuals.

Any information would be appreciated. You may contact any of the Cemetery Trustees or Susan Harrington at the Selectman's office and thanks for the help.

Richmond Police Department

Lynn Davis

The Richmond Police Department would like to offer resident dog owners the option of putting a photo of your dog in their License/History file. There are currently 361 dogs licensed in town, and we have only seven photos in our system. In the event your dog is lost, we would have a readily available photo to share on the Department's Social Media page so that we can reunite the dog with the owner as soon as possible. Just email a photo of your dog with the dog's name or license number to: police@richmond.nh.gov. When licensing your "mixed" breed dog, please describe what the dog looks like – such as mixed Shepard, mixed Hound, mixed Terrier, etc. Any information you can give us can be added to your dog's file. This will help if there is no photo available.

Richmond Police Department 15Winchester Road, Richmond, NH 03470

Phone: 603-239-6007

Fax: 603-239-863 Email: police@richmond.nh.gov

The Web Of Life

Chief Seattle

Submitted by Jean Tandy

The following words are excerpted from a letter attributed to Chief Seattle of the Duwamish Indian tribe in what is now the State of Washington. The letter is thought to have been written in response to the request of President Franklin Pierce that the tribe sell its land to the United States government in 1854.

The idea is strange to us.

If we do not own the freshness of the air and the sparkle of the water, how can you buy them?

Every part of this earth is sacred to my people Every shining pine needle, every shore, every mist in the dark woods, every clearing, and every humming insect is holy in the memory and experience of my people. The sap which courses through the trees carries the memories of my people.

This shining water that lives in the streams and rivers is not just water but the blood of our ancestors. If we sell the land, you must remember that it is sacred, and you teach your children that it is sacred and that each reflection in the clear water of the lakes tells of events and memories in the life of my people.

Water's murmur is the voice of my father's father. The rivers are our brothers, they quench our thirst. You must remember...that the rivers are our brothers, and yours, and henceforth give the rivers the kindness you would give any brother.

Our dead never forget this beautiful earth, for it is the mother of the red man. We are part of the earth, and it is part of us. The perfumed flowers are our sisters; the deer, the horse, the great eagle, these are our brothers. The rocky crests, the juices of the meadows, the body heat of the pony, and man—all belong to the same family.

We know that the white man does not understand our ways. One portion of the land is the same to him as the next, for he is a stranger who comes in the night and takes from the land whatever he needs. The earth is not his brother but his enemy, and when conquered, he moves on. He treats his mother, the earth, and his brother, the sky as things to be bought, plundered,

sold like sheep or bright beads. His appetite will devour the earth and leave behind only a desert.

There is no quiet place in the white man's cities. No place to hear the unfurling of leaves in spring or the rustle of an insect's wings. The clatter only seems to insult the ears. And what is there to life if a man cannot hear the lonely cry of the whippoorwill or the arguments of the frogs around the pond at night? The Indian prefers the soft sound of the wind darting over the face of the pond, and the smell of the wind itself, cleansed by a mid-day rain, or scented with the pinion pine.

The air is precious to the red man, for all things share the same breath...the beast, the tree, the man...they all share the same breath.

But if we sell you our land, you must remember that the air is precious to us, that the air shares its spirit with all the life it supports. The wind that gave our grandfather his first breath, also receives his last sigh, and the wind must also give our children the spirit of life. And if we sell you our land, you must keep it apart and sacred, as a place where even the white man can go to taste the wind that is sweetened by the meadow's flowers.

So we will consider your offer to buy our land. If we decide to accept, I will make one condition: the white man must treat the beasts of the land as his brothers.

I do not understand how the smoking iron horse can be more important than the buffalo that we kill only to stay alive. What is a man without the beasts? If all the beasts were gone, men would die from great loneliness

of the spirit. For whatever happens to the beasts, soon happens to man. All things are connected. Whatever befalls the earth, befalls the sons of the earth

Man did not weave the web of life, he is merely a strand in it.

Whatever he does to the web, he does to himself.

Where is the thicket? Gone.

Where is the eagle? Gone.

And what is it to say goodbye to the swift pony and the hunt?

It is the end of living, even though our life may somehow linger.

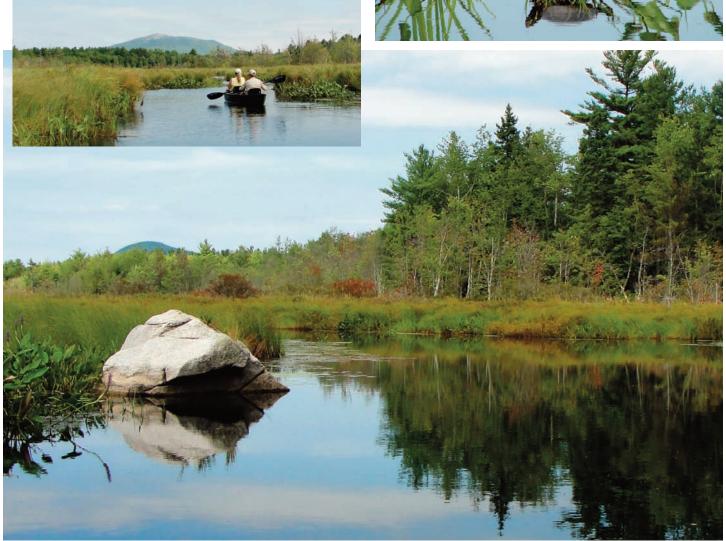
When the last red man has vanished from the earth and his memory is only the shadow of a cloud across the prairie, those shores and forests will still hold the spirit of my people, for they love this earth as the newborn loves its mothers heartbeat.

The spirit of these words speak to us a mere 161 years after they were written by Chief Seattle.

His words have great meaning for us in 21st C. We are merely a strand in the web of life.







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Richmond Rooster Staff

Publisher/Editor: John Boccalini 532-4945Co-Editors: John Boccalini and Jeani Eismont Design/Production: Eismont DesignProofreaders: Pam Goodell, Tom LaVoie,

Lew Whittum, **Treasurer:** Deb Coll

Social Media/Staff Photographer: Debra Carroll This Month's Contributors: Bill Coll,

Karen Daugherty, Lynn Davis, Barbarbra Hull, Carol Jameson, Bonnie McCarthy, Jim McConnell, Neil Moriarty, Wendy O'Brien, Teri O'Rorke, Vicki Provost, Jean Tandy, Annette Tokunaga, and *The Rooster* Staff

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The Richmond Rooster welcomes comments and article contributions.

Deadline is the 10th of each month.

Email – therichmondrooster@yahoo.com

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Town Business Hours

105 Old Homestead Highway, Richmond NH 03470 Board of Selectmen:

Carol Jameson, William Daniels, Kathryn McWhirk Mon. 9 AM – 12 PM, 3 – 7 PM, 5:30 – 7 PM for business 7 PM – ? for public concerns)

Wed. 9 AM - NOON, 1 - 4 PM

Thurs. 9 AM - 12 PM (unless posted) Public is welcome to attend. Please call for an

appointment if you have an item for the agenda.

Town Administrator: Susan Harrington

Administrative Assistant: Vacant

Town Clerk: Annette Tokunaga
Deputy Town Clerk: Katie Delaney

Mon. 9 AM - 12 NOON, 1 - 4 PM, 6 - 8 PM

Wed. 9 - 12 noon, 1 - 4 PM, Thurs. 9 AM - 12 Noon

Tax Collector: Steve Boscarino
Deputy Tax Collector: Joanne Cote

Mon. 6 PM - 8 PM, Wed. 9 AM - 12 NOON

Planning Board:

Meetings held at Veterans Hall. 1st Tues. of the month – 7:30 PM and 3rd Tues. if needed

Transfer Station and Recycling Facility: 239-8136

Tues. 8 AM - 4 PM, Thurs. 8 AM - 7 PMSat. 8 AM - 5 PM

Town Library: Wendy O'Brien, Librarian, 239-6164.

Tues. 3 PM - 7 PM, Wed. 9 AM - 12 NOONThurs. 3 PM - 7 PM, Sat. 10 AM - 2 PM

Police (Non Emergency): 239-6007

Fire/Rescue (Non Emergency): 239-4466

Fire Warden: Ed Atkins, 392-2027

Selectmen – 239-4232

Town Clerk – 239-6202

Tax Collector – 239-6106

Road Agent: Mark Beal – 903-2184

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