

MARCH 2014

Town Meeting

Annette Tokunaga, Town Clerk

The first session (town election) of the town meeting will be held Tuesday, March 11, 2014. The polls will be open from 11:00 am until 7:00 pm. The Monadnock Regional School District election will be conducted at the same time. The certification (count) of the ballots will be done at 10:30 am, prior to the opening of the polls.

The second session (business session) of the town meeting will begin at 9:00 am on Saturday, March 15, 2014. During the second session, all registered voters attending this meeting will have the opportunity to discuss, amend and vote on the town budget and other business on the warrant.

If you are not a registered voter in Richmond, your last opportunity to register to vote will be at the town election on March 11. No voter registration activity will occur at the business session on March 15. Thus, if you wish to vote at the business session, please be sure to register to vote no later than March 11.

If you are unable to come to the polls on March 11 to vote, you can request an absentee ballot. One of the following conditions must apply to you in order to receive an absentee ballot:

- Will be absent from the town where the voter is registered to vote;
- Cannot appear in public due to religious reasons;
- Is unable to come to the polls due to a physical disability;
- Or is unable to come to the polls during polling hours because the voter is at work or is in transit to or from work.

The application for Official Town and School Absentee Ballots is available at the town clerk's office and on the Town of Richmond website, www.richmond.nh.gov. If you return the completed application via email to richmondtownclerk@yahoo.com, please remember that you need to email a scanned copy of the SIGNED and completed Application.

You may either mail or personally deliver your completed absentee ballots to the town clerk's office. Absentee ballots must be HAND-DELIVERED ONLY BY THE VOTER no later than Monday, March 10.

Also available on the Town website are the town election sample ballots and the State of NH Explanatory Document for the Voter ID Law. Please view the Election sidebar of the Town Clerk's page under Town Departments for updates.

Please call 239-6202 if you have any questions or concerns.

Notes from the Selectmen's Office

In 2013, what did the Town buy for \$72,781? The Civil Defense building got a face lift – rotting clapboards were replaced and insulation was added, the entire exterior was painted, the leaking back shed roof was replaced with a rubber membrane roof, a new side door was installed, and drainage control was put in place to divert water away from the building. The Police Department moved in and transformed the space with an evidence closet, office space for civil support staff, desks for the Chief and Lieutenant, private interview and conference spaces.

The Veterans Hall interior was repaired and completely repainted, encapsulating the old lead paint making it a safer environment for the public; the floors were refinished; attic spaces were insulated with foam, batting, and foam board as appropriate; and quilted shades were sewn and installed to provide insulation for the windows and to make the hall more acoustically pleasing; new tables replaced the battered heavy old tables and are stored in carts to protect the new floors; and all the seating in the Hall has rubber 'feet' to protect the floors.

The Boards, Committees and Commissions moved into the newly renovated kitchen area/meeting space that has room for public hearings in the main hall and storage space in a locked closet off the foyer.

The Fire Department flat roof was replaced with a rubber membrane roof. The Emergency Operations Center moved into the former Police Department space, which was insulated and the attic sealed, preventing exhaust from the truck bays from leaking into the Center; a new side door with a window was installed to Code, alleviating water leakage and brightening the interior space; and a new interior door was installed to Code connecting the communications area in the front of the EOC to the Fire Department and Rescue bays, increasing efficiency for all three departments.

All this for \$72,781 and a lot of hard volunteer work by Fire and Police Department personnel, Municipal Building Committee members, and many of their family and friends. This work preserved three venerable and well-used buildings for continued use.

Future Plans. Now why would the Selectmen decide to increase the amount of funding to the reserve funds and increase the operating budget for general government buildings when so much has already been done? We asked professional builders who specialize in historic buildings to give us an idea of how much it might cost to continue to repair and preserve our historic buildings.

We started with the Veterans Hall basement and found a disaster waiting to happen. It is a dismal place, with a huge pile of dirt and stones in the middle, providing the dirt and dust that are mucking up the air circulation system and making a replacement boiler a necessity. There was tangled and inadequate electrical wiring (not to Code); insufficient propane line (not to Code); and un-insulated water lines; furnace open to freezing weather; timber sills with chainsaw cutout vents let in weather and vermin. The view from the basement crawl space under the main hall floor and stage is amazing – sunlight in the basement streaming through the sills and cracks and floors and various other mysterious openings. Add to that, a shed roof that leaks and a soft-brick chimney that should be torn down.

Repairs; insulation (lots of insulation); a new boiler room for the new boiler with new controls and programmable thermostat; removal of leaking oil tanks ('repaired' last by digging a pit underneath to accept leakage!); installation of new oil tanks and lines; and new vents and fill pipes will make the Veterans Hall safe, secure, and energy efficient. The accessible ramp will be brought up to code with nine Simpson post-bases installed (these posts are falling off their bases now!) and another hand railing at wheel chair height. This huge project may cost \$61,884.

The old red roof of the Fire Department needs replacement and to do it properly may cost \$19,500. The price of roofing materials is consistently on the rise, and the sooner we can do it, the better the price.

As you know, the Library basement is not useable space because it is very damp. It requires removal of existing insulation, re-insulation with spray foam, installation of a real vapor barrier, both of which will realize a fairly quick return on investment. This alone may cost nearly \$20,000. Other hoped for renovations may require new code compliant entrances and egresses.

With more than \$100,000 in estimated expenses for these high priority projects, we will have to postpone re-roofing the south side roof at the Town Hall. Postponed also will be the phased exterior painting of the Veterans Hall and Town Hall, both of which need painting badly.

Please remember to vote on Tuesday, March 11 and attend the Annual Town Meeting on Saturday morning, March 15th. Once again, Jenn and Tony Marques and the Cub Scouts,

Richmond RideShare If you need a ride to an appointment or to run an errand OR you can give a ride or run an errand, CALL Lew Whittum @ 239-4327.

Alison and Hugh Van Brocklin, and the Richmond Community Church will provide pastries and beverages for sale to benefit the community food pantry. One of our youngest Richmond residents will deliver the Richmond 250 Cane to the eldest resident this year. Walden Whitham will sing and Bonnie Mc-Carthy will deliver the convocation again this year. Thank you for supporting the amazing work that has been done this year.

Town Clerk's Calendar

	Annette Tokunaga, Town Clerk		
March 10	OPEN from 4-5 pm to accept absentee ballots		
March 11	Town Election		
	Polls open 11 am-7 pm, Veteran's Hall		
March 14	OPEN 3-5 pm to accept applications for		
	recounts of votes cast at Town Election for		
	officers		
March 15	2nd Session of Town Meeting starts at		
	9:00 am, Veteran's Hall		
March 18	OPEN 3-5 pm to accept applications for		
	recounts on any question at Town Election		

Richmond Library

Wendy O'Brien





Film Presentation Come join us in celebrating Richmond's own Jonathan Bloom and Sheila Blair (former Trustees of the RPL) at a viewing of the





2012 documentary, Islamic Art: Mirror of the Invisible World, on Sunday, March 23 at 2:00 pm at the Veteran's Hall.

Jonathan and Sheila will lead a discussion after the film and there will be lots of goodies to eat! The program will touch on themes such as the Word, Space, Ornament, Color and Water, as well as the stories behind many great masterworks of Islamic Art and Architecture. Explore the richness of Islamic art in objects big and small, from palaces and monumental mosques to ceramics, paintings and metal work.

Professors Jonathan Bloom and Sheila Blair received their doctorates in Islamic Art from Harvard University. They shared the Hamad bin Khalifa Endowed Chair of Islamic Art at Virginia Commonwealth University and the Norma Jean Calderwood University Chair of Islamic and Asian Art at Boston College. Together, they have written many books on the subject of Islamic Art.

New After-Hours Book Drop

In an effort to keep heating costs down, the Trustees have installed an exterior book drop. Please return your items in the grey box whenever the library is closed. If your item (especially audio books) is too large for the slot, please return it during open hours - there will be no late fee!

Storytimes

Wednesdays with Wendy continues throughout the early spring at 10 am. We have tentatively scheduled the following themes: Dr. Seuss's Birthday March 5:

- March 12:
- St. Patrick's Day
- March 19: Spring Begins
- Flowers March 26:

Come enjoy stories, a craft, and a small snack. Children of all ages are welcome.

Reading with Keeta and Kallie

We have scheduled a visit on Saturday March 15 at 11 am for a visit with Kate Simmington, Keeta and Kallie. Kallie and Keeta continue to offer their gentle listening ears for children just learning to read or who wish to be more confident in their reading. Thanks to Monadnock Therapy Pets, we are pleased to offer each child that reads their very own stuffed animal dog. Come by for a story or just a pat-no reservations are needed.



The Fitzwilliam Inn 62 NH Route 119 W www.fitzwilliaminn.com Fitzwilliam, NH 03447

Base Project. Our Librarian, Wendy O'Brien, began the presen-

tation by summarizing the changes that have occurred to improve the safety, preservation and communication of the materials contained in the Town Archives.

Jan Weekes, Library Chair, continued by walking attendees through the story of The Great Washout. This significant meteorological event in our town's history is now attractively displayed on the Library's new "History Wall." It is the pilot project of what the Library hopes will be a continuing series of selfguided History Wall presentations of segments of our town's history, each utilizing materials from the archives which are being digitized, scanned by Library staff and volunteers, to bring Richmond's past...into the present.

Almost 94 years ago, on August 10, 1920, a terrific thunderstorm came through Richmond between 5:30 pm and midnight. The storm was highly localized, flooding many sections



Jan Weekes at the History Wall. Photograph by Bob Weekes.



Peter Mulhall explaining archival software. Photograph by Bob Weekes.



Bringing Richmond's Past Into the Present!

Jan Weekes On the very chilly night of January 23, a hardy crowd of Rich-

mond residents attended the unveiling of a new Richmond Pub-

lic Library initiative, its new "History Wall" and Archival Data

of town, and destroying in its path a section of the road to Keene, now known as the Old Homestead Highway (Route 32) just north of the top of Stinson's Hill. A half-mile section of the road was swept downhill, leaving a ditch up to sixteen-feet deep and thirty-feet wide. The destruction was so complete, with tons of earth disappearing downhill until the outflow reached Mill Road, that the town opted not to rebuild the road (which would have been quite expensive), but to relocate it thirty-feet to the east, leaving for posterity the scar that remained of the old roadbed.

Today the path of the original road can still be seen along the west side of Route 32, bordered by its old stone walls that lie partially hidden in the woods on either side of the ditch. This event is a part of Richmond's history, one that few today remember, but whose photographs and recollections fortunately reside in our Town Archives. The Richmond Public Library is pleased to make this story available to residents and history lovers. Washout records have been scanned and placed in the new and evolving Richmond Archives Past Perfect database.

The presentation concluded with Trustee, Peter Mulhall, giving a detailed description of, and answering questions about, our new Past Perfect Archival Software program to the interested audience.

If you were unable to attend our presentation you may view the contents of our Town Archives on the new Data Base on the Library page of the Richmond Town website, and examine the retrieval forms for accessing...in Richmond...original archival records temporarily stored in Keene. These forms are also available for examination at the Library. Please visit the Library to see our new "History Wall" and see what this initiative has produced. It is the Library's attempt to "Bring Richmond's Past... Into the Present."

This wall will be changed every three to four months and feature another aspect of our town's history, an initiative of the Library to make the contents of the Town Archives more visible and relevant to our residents. Why are we doing this? Because the Library's stewardship of the Town Archives can, and should, mean much more than simply providing space for its contents in what has proved to be a highly unsuitable basement. Instead our stewardship can, and should, mean that the RPL can also utilize the Archive's wonderful contents to help communicate to residents our town's rich history. We consider it our mission to facilitate learning about Richmond's yesterdays, in order to build community pride in what our special town has to offer.



Fire House News

Melanie Ellis

Daylight Savings Time begins on Sunday March 9th and when you change your clocks, this would be a great time to change the batteries in your smoke and carbon monoxide detectors. Many homes have smoke alarms with 9-volt batteries that should be replaced at least twice annually.

For your protection, install smoke alarms in your home if you do not currently have them. An alarm located between the sleeping area and the living area offers a minimum amount of protection. For maximum protection, a smoke alarm on each floor of the home and outside each sleeping areas is recommended. Height is very important when installing smoke alarms. Smoke and toxic gases rise to the ceiling, so a smoke alarm near the ceiling is more effective than an alarm close to the floor. If an alarm is installed on the wall, there should be 4 inches between the ceiling and the alarm. If a ceiling is peaked, the alarm should be placed closer to the peak as this is where the smoke will drift.

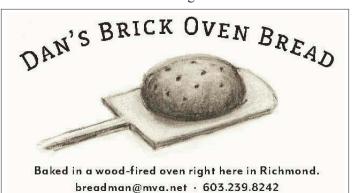
Smoke alarms loose sensitivity over time and should be replaced periodically. The approximate lifespan of an alarm is ten years. It is best to check your alarm at least once a month by pressing the test button. If the alarm does not sound, replace the batteries. If this doesn't solve the problem, replace the unit. Smoke Alarms periodically need cleaning, this can be done with a vacuum attachment and removes particles that could interfere with the alarms proper operation. When a "chirping" sound is noted, this is a sign that the batteries are weak and should be replaced.

A properly working smoke alarm notifies you of a fire more quickly and gives you more time to escape, but it is not the total answer in making your home fire safe. Practicing general fire safety and preparing and practicing emergency exit plans are essential to aid in preventing fires and fire fatalities. Home exit plans should address two ways out of each room, identify a meeting place outside and indentify a way to contact the emergency services once outside. Family members should practice the plan periodically, if not at least annually.

Richmond Rescue Squad

Terri O'Rorke

MCVP (Monadnock Center for Violence Prevention) held their annual meeting on January 27 in a wonderful community room at the Home Health Care building on Marlboro St. in Keene.







The well attended meeting had present and past employees, volunteers, their current board members and one of the "Founding Mothers" of the organization, Marguerite Christopherson, whose daughter, Robin, is the executive director.

There was plenty of food and a little bit of entertainment at the close of the awards ceremony from "Chock full of notes," an a capella group from Keene State College. Also in attendance were two members representing Richmond Rescue, Cookie Remick and Terri O'Rorke, to receive the award of "Outstanding Holiday Sponsor." Since 2006, Richmond Rescue has "adopted" a small family at Christmas time. Working from a wish list, we try to bring a little bit of holiday hope and cheer to someone who may not have any at all. MCVP was gracious enough to acknowledge our efforts this year!

The Holiday Family Sponsorship Program helped thirtyfour families (89 individuals) enjoy a happier holiday this past



Christmas. The entire program delivered over \$20,000 of resources to children and families in need. If you or your business would like to sponsor a Holiday Family contact Jan Richards at dscoordinator@MCVPrevention.org

We, at Richmond Rescue, are happy to be able to help not only in Richmond, but beyond the border as well!

Things and Thoughts from the District Neil Moriarty

The District Warrant – You didn't ask but these are my thoughts on the school warrant:

Article One: Operating Budget – Although not much movement to the state average cost per pupil. I will support it (see article Eleven)

Article Two: High School Renovations – I will support it. This is the sixth and last year of this renovation program, 56% of the funds will be returned to us by the state.

Article Three: Health and Safety – Although they wear out the term "health and safety," it is a well-thoughtout spending article; I will support it.

Article Four: Adding \$50,000 to 2003 Special Education Expendable Trust Fund. I do not support this article. I am the originator of this fund designed as a \$250,000 insurance policy against unknown SPED* cost. The fund has over \$260,000 in it and it gets a paltry \$500 in annual interest. Article Five: \$150,000 for 2012 Before and After School Expendable Trust Fund. I will not support this article. It is called an expendable trust but it really is only enough for the 2014-2015 school year. There will be little or nothing left at the end of 2015 school year. This warrant article started as \$60,000 in 2012, last year it was \$75,000, and now \$150,000. The ACES 93 costs \$671,000 (includes fees, grants, taxes, and SPED money). Eventually the grants will go away and



we will pay that portion in taxes. This cost is more than the Gilsum School (see Article Ten below) but has no educational measurement and limited qualifications of the babysitters/ teachers. Given this program is so good then eliminate something else.

Article Six: Contract with Specialist** \$108,411 I will not support this article. This union wants it both ways they want to keep their 120 sick days (several members) and receive paid off Unused Wellness Days (unused sick days will be paid to the employees). These employees can either use their sick days or their wellness days (wellness days first) – and we pay them off for the sick days that we might have already paid for in wellness days!

Article Seven: School Security Officer – \$60,000. I will not support this article. We have an unarmed gentleman who is not stationed at the middle/high school. I can appreciate parents concerns for their child's safety, but this is not the answer. Articles Eight and Nine: are motherhood.

Article Ten: Close the Gilsum School (thirty-one students) – Saves about \$520,000. I favor this article. A quote from Karen Craig*** Assistant superintendent: "There is no education downside to closing Gilsum school." The children will receive a good education at Mt. Caesar and Cutler within an improved cost effective manner. Given the district can develop an effective plan for the expanded use of Gilsum, I will support them.

Article Eleven: Reduce the cost per student to the State average @ \$500 per student annually until we match the state average. I wholeheartedly support this article. We pay \$3,000 per student above the state average today. We can ease our way down to the state average. A strong YES from you the voters on **Ten** and **Eleven** will send a very strong message to the district leadership.

*Special Education.

**Specialist is a new union within Monadnock Regional School District.

***made at the Finance Committee meeting 021014.

CANDIDATES COMMENTS

Kathryn McWhirk – Candidate for Selectman (3 Years) Dear Richmond Residents,

Becoming a Selectman was something I crossed off my "bucket list" a long time ago. So why am I running for Selectman? Simply, because I was asked.



My family and I moved to Richmond twenty-eight years ago. Through the years I have served on the Richmond Recreation committee, Beach Committee, one year term (1990) as Selectman and the Zoning Board of Adjustment.

Recently, I have been filling a vacancy in the Selectmen's office. The office is refreshingly organized and runs smoothly for the public and staff alike. The first few weeks as "interim Selectman" have been busy and informative. Clearly, I have a lot to catch up on, but I'm willing to it my best.

Thank you for your consideration. Respectfully Submitted, Kathryn McWhirk

Cornelius (Neil) Moriarty Candidate for MRSD Budget Committee

Once again I am running for your representative on the Budget Committee of Monadnock Regional School District. You have elected me to this position for many years, thank you for that support.

My background consists of: Machinist apprentice (8,000 hrs) through Machinist 1st class, union local president (2,200 member local), planner/chief of planning, computer systems analyst/project leader, Superintendent of Machining at Quincy Shipyard, and back to Systems Analysis/project leader; all at General Dynamics (GD) over three divisions. I have an associate degree from the other UNH ((University of New Haven) completely provided for by GD.

At GD I worked on (with others) and developed very large budgets for US Navy projects. At the tail end of my time at the Groton CT machine shop I developed the original manufacturing budget for SubmarineVertical Launch Capability (Tomahawk Missile), including the creation of a dedicated machining center, with purchase of two huge vertical lathes.

I am a member of the MRSD School Board's Technology Committee. I attended and now I watch on channel 8 (unless I have a request or comment – then I actually attend) School Board meetings; I attend the School Board's Education and Finance sub-committee meetings.

I was instrumental in the creation of the Emergency Maintenance Trust Fund and the Special Education Trust Funds within the district – both have been used over the years to head off cost overruns within the district.

I have volunteered for America Reads (helping children learn to read) for about five years at Mount Caesar. I just



signed up at our library to assist Wendy with the scanning of the archives documents/pictures.

Please give me your vote to continue on your MRSD Budget Committee. Given you feel I am your choice, it would also be a great service to both the town and the district if you gave Jim Carney a vote for School Board member. Jim is the senior member (having served since 1982 with a six year gap) of the Board and is the most knowledgeable of the laws and procedures. Jim and I work very well together on items for the kids as well as the budget. Questions: 603 239 4031 or email: cmoriarty@ne.rr.com. Questions for Jim 239 4698.

Dean's List and Middle/High School Honors

Neil Moriarty

Congratulations Ms Hannah Bush for getting on the Dean's List at University of New Hampshire and to Megan Butterfield for making Dean's List at Ithaca College

The following are the Monadnock Regional School District Middle and High school honors for the Second quarter. No input was received from Immaculate Heart of Mary School. Congratulations to our students.

Is Molly to be our future Valedictorian? Molly and I go back to Mt Caesar and Ms Frazier's class?

Grade	Honor
12	honors
8	honors
11	honors
7	honors
8	honors
10	honors
12	honors
8	honors
9	honors
7	honors
7	honors
7	honors
8	honors
11	honors
9	honors
8	honors
8	honors
9	honors
	12 8 11 7 8 10 12 8 9 7 7 7 7 8 11 9 8 8 11 9 8 8 11 9 7 7 8 11 9 8 8 9 7 7 8 11 9 7 8 8 9 7 7 8 11 9 7 8 8 9 7 7 8 8 9 7 7 8 8 9 7 7 8 8 9 7 7 8 8 9 7 7 8 8 9 7 7 8 8 9 7 7 8 8 9 7 7 8 8 9 7 7 8 8 9 7 7 8 8 9 7 7 8 8 9 7 7 8 8 8 8 9 7 7 8 8 8 8 8 8 8 8 8 8 8 8 8

TIMBERWOLF

EXMARK

STIHL

GARY'S POWER EQUIPMENT Gary Rokes MAILING: 60 FOREST LAKE ROAD PHYSICAL: 9 WARWICK ROAD WINCHESTER, NH 03470 PHONE/FAX (603) 239-4953 (800) 499-4953 email: garyspower@comcast.net

ECHO

If you have comments or suggestions, call me at 239-4031 or email cmoriarty@ne.rr.com, or call Jim Carnie at 239-4948 who will also assist you.

Thank You

Neil and Elaine Moriarty

The Town of Richmond is so fortunate to have Brendan Bosquet as its Chief of Police. He is truly a caring & compassionate person and for that we are most grateful. Thank you for your service.

Free For Thee

House For Rent in Richmond. Clean, quiet, two-bedroom, nice yard, 20 mins from Keene. \$1000.00/mo. Plus utilities. Call Emily at 603-499-5101.

Design For Life

Judith M. Graves

A sixth-century BC, Chinese philosopher Lao Tsu said some words that made me think about how to design a life or lifestyle that is clutter-free and thus simpler to live up to. He said:

Thirty-spokes share the wheel's hub;

It is the center hole that makes it useful. Shape clay into a vessel;

It is the space within that makes it useful.

Cut doors and windows for a room;

It is the holes that make them useful.

Therefore profit comes from what is there;

Usefulness from what is not there.

The most obvious way to make space is to clear clutter. Get rid of things that take up space, but don't give much in return. Clutter drags us down and makes it hard to do what we want to do. In a modern rendition of Lao Tsu's verse, it is the space on top of your desk that makes it useful, not the piles of paper.

Clutter ties us to past activities, unfinished projects, and unproductive mental chatter; it makes us feel behind. Clearing clutter makes room for new activities and inspirations. If you want to engage in a creative project, clear out clutter to make room in your mind. It took just twenty minutes last week to pull out everything in my closet. The things I don't love or wear often were tossed and now it is easier to find things. My clothes aren't mashed or wrinkled and whenever I walk past the closet, I could swear I feel a new sense of peace and happiness radiating from it.



I'm thinking of how I can put this into practice as I set up my gardens in my mind for the seasons ahead. First, it starts with filtering the clutter in my thoughts that want to grow 1,000 flowers and settling into maybe twenty. Then I realize that lugging a lot can make my back to go out, therefore I lose time, so that has to factor in as well. Decluttering my mind and living with what I accomplish isn't an easy thing for me; I always want to do more. Slowing down isn't an easy process for me, even though I must, so that I can have time to actually sit back and enjoy what has been done. Doing too much, nothing gets done well. I'd rather do less and enjoy that it was done right.

So before we even think of starting a new project, we should stop and clear clutter so it will not drag us down and make it even harder to start something new. It isn't easy to envision something new out of all that is old. Enjoy your new visions and clear the clutter to allow them to evolve. Happy crafting!!

The Periwinkle Cottage Studios are filled to the brim with all sorts of vintage, antiques, and natural designs. The Garden Studio is busy and you'll be sure to find that special gift that is unique and unusual. Call for an appointment and come by and see us soon 603-239-8005.

NEW! NEW! "Sachets by Judith" has a large collection to choose from with all natural fillings in four fresh new scents. Why would you want a sachet? Well, it is an early craft that our forefathers used to scent up the corners of their homes. Today we hang a sachet on a hanger under a garment, lay it in a drawer, set it in a pet's bed, in sofa cushions, hang in the car, in your gym bag, shoes, and add it to just about any place you would like a fresh natural scent. At Periwinkle Cottage Studios we have a great selection to choose from, all boxed and bagged for your gift-giving. You will be surprised at the selection.

Strength-Training Classes

Phyllis Ramsden

I'd like to remind our townsfolk about the strength-training classes at Veteran's Hall on Mondays and Fridays from 9 to 10 am. It's a program taken from Miriam E. Nelson's study at Tuft's University.

She has written a few books about her scientifically proven strength-training program. The book I've used is *Strong Women Stay Young*. She has written some other books as well and has appeared on PBS as part of her resistance training and contributes to *Prevention Magazine* as well.



Cheshire Hospital started this program fourteen years ago, which is where I learned it and have continued to lead since then, here in Richmond. It is free and open to all, but meant mainly for folks over 50 years of age.

The town has graciously let me use Veteran's Hall for everyone interested in coming. We are a small group of three to eight. Some use hand and ankle weights and some do not.

The purpose is to reverse bone loss, improve energy and balance and replace fat with muscle.

Ask your health provider if it is a good recommendation for you and then just come and try it out. Start without weights and progress as your body leads you. Then be prepared to laugh while we enjoy the fellowship with each other.

We'd love to have you join us. Call me, Phyllis Ramsden, retired RN at 239-6682 if you have any questions.

Twenty Years Ago Surviving In Northern New England

Dad Thomas

Northern New England would hardly even now be settled if it weren't so close to England and Northern Europe across the Atlantic. The winters were hard, the Indians were fierce, the bugs terrible in the early summer, the growing season short and the soil between the hills and mountains is rocky and mostly of poor fertility.

Fishing along the coast was excellent, but cold and dangerous. The rivers and streams did provide access to the interiorback country and provided power for mills. Along the coast of Maine people fished, raised sheep, farmed, cut fire wood and lumber as well as ice, all of which they shipped out to coastal ports and the Caribbean in ships they built themselves.

At the end of World War II (as in other wars) a generation of veterans returned to a tough economy which no longer built many ships, shipped wood or ice, and where old manufacturing plants were winding down from war production, many to close forever. We supported our young families as best we could.

One could teach school, pump gas, drive a truck, help a plumber or carpenter for \$35.00 a week, which was a real barebones living if you could find a job. Some started chicken or dairy farms, but to do this required finding something else to earn money at while getting started.

Besides digging clams, cleaning oil burners or getting in a few hours a week at other second jobs, a couple of us worked



winters at plowing snow and sanding the roads. The plow we had on the old Ford truck required a wing-man to operate a lever on a hydraulic hand pump which raised and lowered the wing on the plow which pushed the banks back so we didn't' t wipe out the mail boxes, etc.

The town sand piles (mixed with salt rock) did not provide a loader so that my buddy and I loaded the truck by hand with shovels, and having no mechanical spreader, we spread with shovels from the back of the moving truck. We thought ourselves lucky when we worked nights of eight or ten hours for \$1.00 an hr.

One stormy night we slid backwards down a hill covered with glare ice as we clung to the side-boards on the back of the truck. Luckily no damage was done, and we got turned around and backed up the hill sanding before us. During one blizzard we plowed our way off the road down into an apple orchard before we discovered where we were because the visibility was so poor. That storm closed Coastal U.S. Route #1 for three days while we used a bulldozer pushing an all-wheel drive army truck to clear some of the more badly drifted town roads. Regular rear-wheel drive trucks carried gangs of men with shovels to reduce the largest drifts so the truck could break through.

The fishing and hunting made it all the more palatable, and while fishing that summer in a nearby pond I caught a huge snapping turtle early one Saturday evening and put it in heavy duty canvas bag. One of our snow plowing team had a young son who was crazy about stuff like that and I took the turtle downtown where the usual (in those days) Saturday night bumper to bumper parking and gabfest of farmers and fishermen and their families jammed the street.

The only door that worked on my friends old Hudson Terraplane was the right front, so I put the bag with the turtle on the floor at the right front seat where they would be sure to find it. What I did not know was that the dome light did not work so they could not see it! Well, when my friend got in, he tripped on the bag and reached down to find what it was. But the snapper had worked a hole in the bag and my friend grabbed its cold, scaly head in the dark. Terrified he hollered out and hurtled over the back of the front seat and cowered in the back.

Hearing his howls of terror, a number of people came running and got the turtle out. It was large enough so that they



stood on its back and rode it down the street.

There was some difficulty explaining how all this happened and the purity of the motives behind it.

RCUMC News

Pastor Arnie Johnson

I bring you greetings from the Richmond Community United Methodist Church, also known as the "Old Brick Church"!

We've once again had a wonderful February. We celebrated the International Scouting Programs by inviting both Boy and Girl Scouts to our service on February 9 to honor them and their leaders. An honor guard of Boy Scouts posted the colors and led the Pledge of Allegiance. During the service, all the Scouts and leaders were invited to come in front of the congregation to be honored with Certificates of Appreciation for their endeavors to make our world a better place to live. Each Scout and leader was also given a chance to briefly describe what they liked most about the Scouting program they are in.

Information to all: The Boy Scouts of America organization was incorporated February 8, 1910 by Robert Baden-Powell, its organizer, and we celebrated February 9 as Boy Scout Sunday this year. The Girl Scouts of America is for girls in the United States and American girls living abroad. http://en.wikipedia.org/wiki/Youth organization. Founded by Juliette Gordon Low in 1912, http://en.wikipedia.org/wiki/Juliette Gordon Low, it was organized after Low met Robert Baden-Powell, the founder of Scouting in 1911. http://en.wikipedia.org/wiki/Robert Baden-Powell, 1st Baron Baden-Powell. The first Girl Scout troop was organized March 12, 1912. This year March 9 is designated as Girl Scout Sunday.

We also started a Bible Study using a program titled "The Way: Walking in the Footsteps of Jesus," developed by Adam Hamilton. The Bible Study began February 16 and ends on March 23. It takes place in the Sanctuary following our Sunday service and will start at approximately 10:15 for an hour. All are invited to participate whether you attend RCUMC or not. You do not need to attend each week to receive the blessing of this study. The weekly scriptures are provided via email and on our FaceBook page.

Upcoming events include: an Ash Wednesday Service on



March 5 at 7pm. Please join us as we observe Ash Wednesday, the beginning of Lent. It is a day for all of us to examine our lives and to ask for God's forgiveness for our transgressions. Lent is a season to prepare our hearts for celebrating Easter. All are welcome to join us at this very special service.

Come join us in April for Palm Sunday on the March 13 at 9 am, Maundy Thursday service on the March 17 at 7 pm, and Easter Sunday on the 20 at 9 am. Join us and be blessed!

The RCUMC is located at 11 Fitzwilliam Road just east of the 4-Corner Store at the junction of Routes 32 and 119. Come join us each Sunday at 9 am. Sunday school is provided for the young ones. We can be contacted at 603-239-7369, email at richmondcommunityumc@gmail.com, or mail 11 Fitzwilliam Rd., Richmond, NH 03470. Look for us on FaceBook! Don't forget about the less fortunate and let them know about the Food Pantry sponsored by the Church at the Town Hall.

Richmond Rooster

Michelle Connor

Ask yourself, Are you busy or are you productive? This time of year is always a great time to get organized which will help you to achieve your goals! What are the benefits of getting organized?

It ensures that priorities are met and that there are fewer mistakes being made. It helps you to prepare for crisis and change. Being organized gives you more time to do a good job and achieve better results for increased productivity..

Organize your Computer:

Establish a system for naming files and stick with it!

Maintain an effective filing system

Keep a working folder for current files

Organize bookmarks

Clean up your hard drive periodically

Keep your Inbox to a minimum by setting "rules" for emails Send incoming emails directly to Personal Folders

Organize your Time:

Use Prime time to your advantage – Are you a morning person?

Delegate, delegate, delegate

Manage Interruptions - Control your time!

Set clear time limits for meetings

Deal with issues right away

Stand-up to signal the end of a meeting – conclude conversations firmly!





www.blaisrealestate.com fblais@ne.rr.com Think about it, when you are interrupted it takes about five minutes to get back on track so:

A ten-minute interruption + five-minute recovery time, five times-a-day = $1\frac{1}{4}$ of lost time-a-day.

That's 6¹/₄ hours in a week – almost a day of lost productivity!

Organize your paper:

Throw it out, Act on it, Put it aside as an action-item or File it

When dealing with the piles: create these categories

Immediate action – Low priority – Pending – Reading materials – Everything else

So...why is planning and organizing so important? Bottom-line it helps you to your achieve goals!!

Out and About

John Boccalini

Sat. March 1, Noon, Prince Igor. The Met: Live in HD. Borodin opera. Peterborough Players Theater, 55 Hadley Road, Peterborough and The Colonial Theater, Keene \$25.

Sat. March 1, 8:30 p.m. Melanie and the Blue Shots, Fitzwilliam Inn, \$5.

Sat. March 1, 8 p.m. Frank Santos Jr., Hypnotist. The Colonial Theater, Keene \$25

Sat. March 8, 8 p.m. Dueling Pianos. Colonial Theatre, \$25.50.

Sat. March 8, 8 p.m. Peter Yarrow. With special guest Mustard's Retreat. Peterborough Folk Music Society, 55 Hadley Road, Peterborough, \$30 advance/\$35 door.

Sun. March 9, 1 p.m. "War Horse" National Theatre HD Broadcast: Peterborough Players Theater, 55 Hadley Road, Peterborough \$15-18.

Tues. March 11, 11 a.m. – 7 p.m. Town Meeting – First session (town election).

TheMonadnock Regional School District election will be conducted at the same time.

The certification (count) of the ballots will be done at 10:30 a.m. prior to the opening of the polls. Veterans Hall, Richmond.

Tues. March 11, 7:30 p.m. The Chieftains in concert: Colonial Theatre, Keene \$49.

Sat. March 15, 9 a.m. Town Meeting – Second session (town business).

Sat. March 15, 1 p.m. Werther/Massenet. The Met: Live in



HD. Peterborough Players Theater, 55 Hadley Road, Peterborough and The Colonial Theater, Keene \$25.

Sat. March 20, 7:30 p.m. Rick Springfield: Stripped Down The Colonial Theater, Keene \$39.50 – 55.50

Sat. March 22, 7 p.m. St. Pat's Week Party with Banish Misfortune, Fitzwilliam Inn \$7.

Sat. March 22, 8 p.m. Royalty of Rock N Roll: Beatle's Tribute, Salute to Elvis, Tribute to Whitney Houston, Colonial Theatre, \$25-39.

Sun. Mar. 23, 2p.m. *Islamic Art: Mirror of the Invisible World.* Jonathan and Sheila will lead a discussion after the film and there will be lots of goodies to eat! at the Veteran's Hall, Richmond.

Fri. March 28, 7:30 p.m. Frost Heaves. Peterborough Players, 55 Hadley Road, Peterborough

Sat. March 29, 2 p.m. and 7:30 p.m. Frost Heaves Peterborough Players, 55 Hadley Road, Peterborough

Sat. March 29, 2 p.m. Todd Oliver & Friends: Dogs Gone Wild Colonial Theatre, Keene \$25-29.

Sat. March 29, 8:30 p.m. Tatto, Fitzwilliam Inn, \$5.

Sunflowers Restaurant, 21B Main St. Jaffrey

Music at brunch 11:30 AM. - 1:30 PM.

Dinner Sunday and Friday beginning at 6 PM.

No cover charge. Tips appreciated. Reservations recommended!

Sun Mar 2 - Brunch Michael Blake on guitar

Fri Mar 7 - Rick and the Redhead, guitar and vocals

Sun Mar 9 – Bob Arpin, guitar

Fri Mar 14 - Dinner - John Cucchi, guitar and vocals

Sun Mar 16 – Brunch FolkSoul Duo,Fred and Leslie Simmons, guitar, accordion and vocal

Mon Mar 17 – Dinner St Patty's Day with Chaz Beaulieu and Eric Blackmer, flute and guitar



E INFO@EISMONT.COM W EISMONT.COM Wed Mar 19 – Ladies Night – John Cucchi, guitar

Other dates between here not decided yet

Sun Mar 23 – Brunch – John Cucchi guitar

Fri Mar 28 – Dinner – Mike Wakefield, jazz

Other happenings at Sunflowers:

Tues Mar 4 – Sauces Cooking Class with David Daume 6 – 8:30 pm. \$40.

Tues Mar 11 – Project Shakespeare, staged reading of *Proof* by David Auburn, 6 pm. Soup, salad, bread \$20. Benefit "For England" trip

Tues Mar 18 – Men's Cooking Class with David Daume 6 - 8:30 pm. \$40.

Wed Mar 19 – Ladies Night, Wine Tasting, Music, Prizes and 50/50 Raffle to benefit Jaffrey-Rindge Extended Day Program

Tues Mar 25 – Herbalicious Cooking Class with Sherry Hughes, 6 – 8:30 pm. \$40.

Tues April 1 – Whole Food Nutrition Cooking Class with Jennifer Beauregard, 6 – 8:30 pm. \$45

Ongoing:

Mondays, 8 PM. Contra Dancing, Nelson Town Hall, Variety of callers and musicians. Donation: \$3. Nelson

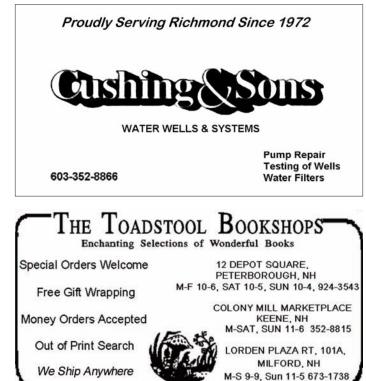
Tuesdays 7 PM. Celtic Music Night. Harlow's Pub, P'borough. **Wednesday, 9:30 – 11 PM. Open Mic Night,** Acoustic only please. Harlow's Pub, Peterborough

Thursday, 9 PM. Bluegrass Jam, Harlow's Pub, P'borough. First Friday 8 PM. CJ the DJ Karaoke, Dragon Palace, 7 Marlboro Rd., Troy.

Pinafore Sails Safely into Ohio

Frank Behrens

Before the British Invasion led by the Beatles, there was the



British Invasion lead by Gilbert and Sullivan. With no international royalty laws, pirated performances of "HMS Pinafore" were robbing the composer, lyricist and producer (Richard D'Oyly Carte) of many pounds. And so they went to New York to show the real stuff – and America went Pinafore mad!

Before that, back in England, a heat wave had nearly stopped the show in its tracks – even to the point where the cast was willing to take a salary reduction [!]. However, when Sullivan conducted musical excerpts from the work at a concert, crowds flooded the theater and "HMS Pinafore" became THE musical to see.

The British laughed at one of their most cherished beliefs, class snobbery, while Americans roared at those crazy Brits who believed in it. The plot is Gilbert's topsy-turvy at its best. A lowly sailor, Ralph Rackstraw, loves the Captain's daughter, Josephine, who is sought in marriage by Sir Joseph Porter, the "ruler of the King's Navy," an incredible snob who professes to believe that "love levels all ranks," and therefore persuades Josephine to elope with her beloved Ralph. The denouement is a spoof of "Il Trovatore" and I will say no more.

To millions, the songs are as familiar as those of "Okla-



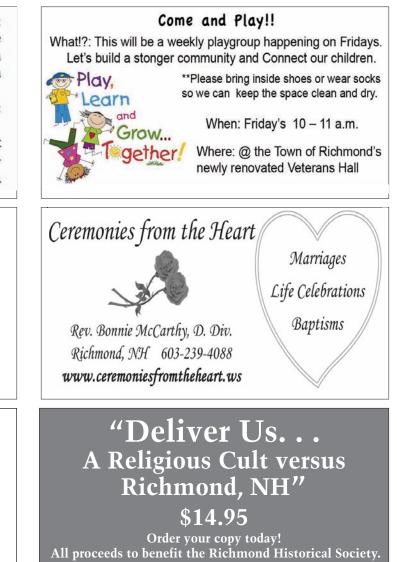
Providing kindness, compassion and love to people living with HIV/AIDS for twenty-five years!

Client Case Management HIV Prevention Education/Outreach and Testing 603.357.6855 17 Dunbar Street, Keene, NH 03431 homa!" "We sail the ocean blue," "I'm called Little Buttercup," "I am the Captain of the Pinafore," "When I was a lad," "Fair moon, to thee I sing." Josephine gets a sad Victorian ballad and an operatic aria, while the choruses never cease to be a delight.

Meanwhile, out in Ohio, the delightful Ohio Light Opera forces are very near their completion of recording all of the Gilbert and Sullivan works, dialogue included, with only "Iolanthe" and "Trial by Jury" to go. Their "HMS Pinafore" is now available in a set of two CDs on the Albany label, and I must give it a very high commendation.

Conducted by J. Lynn Thompson, the cast includes Ted Christopher (Sir Joseph), Stephen Faulk (Ralph), Natalie Ballenger (Josephine), Stefan Gordon (Captain), Edward Hanlon (Dick Deadeye), and Alexa Devin (Little Buttercup). I believe that English accents are a must in those G&S works that deal with class distinctions. In this production, some voices are a bit too stage-English, especially Josephine's. But this is farce mixed with high comedy, so why complain?

The entire OLO crew seems to be having a wonderful time and so will the listener.



richmondhistory@yahoo.com

YOUR VOTE COUNTS! 50% + 1 = MAJORITY!

EXERCISE YOUR RIGHT TO VOTE ON TUESDAY MARCH 11, 2014

Selectman (1 yr)	Sandra Gillis			
Selectman (3yrs)	Kathy McWhirk			
Planning Board (2 seats)	Lloyd Condon			
	Wes Vaughan			
Trustee of Trust Funds	Pam Lavoie			
Library Trustee	Jan Weekes ,Peter Mulhall and Ronna Rajaniemi			
Cemetery Trustee	Roger Perry and Paul Morris			
Checklist Supervisor	Pam Bielunis			
Moderator	Peter Majoy (WRITE IN)			

VOTE TO KEEP RICHMOND MOVING FORWARD.

WE ARE A COMMUNITY RICH IN VOLUNTEERS WHO CARE ABOUT THEIR TOWN AND NEIGHBORS.

YOUR VOTE IS NEEDED.

ZONING AMENDMENTS ON THE BALLOT

A YES vote is recommended by the Planning Board on Amendments 1-4.

	WE ASK YOU TO SUPPORT YOUR BOARDS WITH A				
	<u>YES VOTE</u> .	0			
nt #3	#1 YES Amendment #3	×			
ent #4	#2	x			
Ime	X	x x			

leed a ride to the polls? 239-4595 Terri, 239-6024 Jean or 239-6606 Kim

Paid Political advertising by Kim Mattson, Jean Tandy and Terri O'Rorke

FOR SELECTMAN For 3 Years Vote for not more than 1		FOR SELECTMAN For 1 Year Vote for not more than 1	
KATHRYN D McWHIRK		SANDRA GILLIS	
FOR PLANNING BOARD		FOR MODERATOR	
For 3 Years Vote for not more than 2		For 2 Years Vote for not more than 1	
WES VAUGHAN			
LLOYD CONDON			

FOR LIBRARY TRUSTEE For 3 Years		FOR LIBRARY TRUSTEE For 2 Years	
Vote for not more than 1		Vote for not more than 1	
JANICE WEEKES		PETER J MULHALL	
FOR LIBRARY TRUSTEE		FOR SUPERVISOR OF THE CHI	ECKLIS
For 1 Year Vote for not more than 1		For 6 Years Vote for not more than 1	
vote for not more than 1		vote for not more than 1	
RONNA RAJANIEMI		PAMELA BIELUNIS	
ROGER PERRY	0	PAUL R MORRIS	
FOR TRUSTEE OF THE TRUST F For 3 Years Vote for not more than 1	UNDS		
	-		
PAULA A LAVOIE			

SAMPLE BALLOT To vote for a person make an (X) in the box to the right of name

AMENDMENTS TO THE ZONING ORDINANCE

Are you in favor of the adoption of Amendment #1 as proposed by the Planning Board for the Town of Richmond

Zoning Ordinance as follows: To rewrite and reorganize 405.6.1. The purpose of Amendment #1 is to edit language

so that the section is in conformance with State Standards.



- 405.6 Dimensional Requirements for Septic Systems and Wells
 - 405.6.1 Septic systems may not be closer than 75 feet from a well or from the **Wetland Con**servation District, or 37.5 feet from an abutter's property line and 50 feet from the edge of the public right-of-way.

YES

NO

PROPOSED ZONING ORDINANCE

- 405.6 Dimensional Requirements for Septic Systems and Wells
 - 405.6.1 Septic systems may not be closer than 75 feet from a well or **wetlands**, or 37.5 feet from an abutter's property line and 50 feet from the edge of the public right-of-way.

Are you in favor of the adoption of Amendment #2 as proposed by the Planning Board for the Town of Richmond Zoning Ordinance as follows: To rewrite and reorganize 502.2. The purpose of Amendment #2 is to edit language

so that the section conforms to present Zoning setbacks.

	YES		NO	
PRESENT ZONING ORDINANCE		PROPO	SED ZONING ORDINANCE	
502	Frontage and yard requirements:	502	Frontage and yard requirements:	
502.2	Yard Requirements	502.2	Yard Requirements	
	No building shall be located nearer than twenty-five		No building shall be located nearer than twenty-five	
	(25) feet to an abutter's property line and eighty-		(25) feet to an abutter's property line and fifty feet	
	three (83) feet from the center of the public road		(50) from the edge of the public right-of-way and	
	and one hundred fifty (150) feet from the reference		one hundred fifty (150) feet from the reference	
	line, except septic systems and wells which must		line, except septic systems and wells which must	
	be thirty-seven and one half (37.5) feet from an		be thirty-seven and one half (37.5) feet from an	
	abutter's property line and eighty-three (83) feet		abutter's property line and fifty feet (50) from the	
	from the center line of the road.		edge of the public right-of-way.	
Are you in favor of the adoption of Amendment #3 as proposed by the Planning Board for the Town of Richmond				

Zoning Ordinance as follows: To rewrite and reorganize 605. The purpose of Amendment #3 is to edit language so that the section conforms to present Zoning setbacks.

YES

PRESENT ZONING ORDINANCE

605 Special Provisions

Uplands must constitute at least 50 percent of the minimum lot requirements, and no septic tank or leach field may be located closer than **one hundred** (100) feet to any wetlands.

PROPOSED ZONING ORDINANCE

605 Special Provisions

NO

Uplands must constitute at least 50 percent of the minimum lot requirements, and no septic tank or leach field may be located closer than **seventy-five** (75) feet to any wetlands.

Are you in favor of the adoption of Amendment #4 as proposed by the Planning Board for the Town of Richmond Zoning Ordinance as follows: The purpose of Amendment #4 is to: provide clarity regarding the uses that are permitted Earth Excavations by right vs. those which are required to apply for through a permitting process.

YES

PRESENT ZONING ORDINANCE

302 Sand and Gravel

In accordance with the provisions of RSA 155-E, a permit shall be obtained from the Planning Board for all earth excavations, as defined by RSA 155-E, except in the Lakeside District. No permits will be issued for the Lakeside District.

PROPOSED ZONING ORDINANCE

302 Sand and Gravel

NO

A permit shall be obtained from the Planning Board for all earth excavations as defined by RSA 155E **in excess of 1000 cubic yards**, except in the Lakeside District. No permits will be issued for the Lakeside District.

EMERGENCY: POLICE/FIRE/RESCUE 9-1-1

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Deadline is the 10th of each month. Email – therichmondrooster@yahoo.com Join Rooster Chat: http://groups.yahoo.com/group therichmondrooster Rooster Online: http://therichmondrooster.org

Town Business Hours 105 Old Homestead Highway, Richmond NH 03470 **Board of Selectmen:** Sandra Gillis, Carol Jameson Моп. 7:00 РМ – Selectmen's Assistant: Heidi Wood Town Secretary: Beverly Hart Mon. 9 AM - 11 AM, 6 PM - 8 PM Tues. 8 AM - 12 noonWed. 8 AM - 12 noon, 1:00 PM - 4 PM Thurs. 8 AM - 12 noonTown Clerk: Annette Tokunaga Mon. 9 AM – 12 noon, 1 – 4 PM, 6 – 8 PM Wed. 9 AM - noon, 1 - 5 PM, Thurs. 9 AM - 12 noon Tax Collector: Steve Boscarino Deputy Tax Collector: Denise Nolan Mon. 7 PM – 8 PM, Wed. 2 PM – 4 PM Planning Board: Rick Lewis, Chairperson Meetings held at Veterans Hall. 1st and 3rd Tues. of the month -7:30 PM **Transfer Station & Recycling Facility:** Tues. 8 AM - 4 PM, Thurs. 8 AM - 7 PMSat. 8 AM – 5 PM Town Library: Wendy O'Brien, Librarian Tues. 4 PM – 7 PM, Wed. 9 AM – 12 noon Thurs. 4 PM – 7 PM, Sat. 10 AM – 2 PM Police (Non Emergency): 239-6007 Fire/Rescue (Non Emergency): 239-4466 Fire Warden: Ed Atkins. 239-6337 **Selectmen – 239-4232 Town Clerk – 239-6202 Tax Collector – 239-6106** Road Agent: Mark Beal 903-2184 Visit town on-line: http://richmond.nh.gov

The Richmond Rooster

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