



HISTORY OF HERBS Part 2

Judith M. Graves.

At first herbs were mostly medicine to insure good health for the family, for the Puritan mother was usually the only doctor her children knew. Doctors were called only in extreme emergencies, and even then it was expected that the busy housewife would have a varied supply of 'simples' and 'ingredients' for prescriptions on hand.

The governor of the colony, Wm. Bradford, had an early introduction to the Indians' skills. A few days after landing, Bradford went exploring with some of the men. When he stopped to investigate a bent sapling, the tree suddenly sprang back and he found himself dangling helplessly in the air, suspended by one foot. He had stepped into an Indian deer trap.

The Indians gradually taught the Colonists the ways of this strange land. They showed them what wild plants were safe to eat, how to trap and to plant corn. Herbs were an important staple not only for preserving foods but an herb garden was the household medicine cabinet. Here grew the herbs intended for healing and curing all ills from sprains to fevers.

All year long soups were eaten in huge quantities. Soup was hot and filling and could be made with anything available. Enough could be prepared at one time to last a week or more. Sometimes the kettle on the back of the fireplace would simmer for days. Some said soup got better the more days it cooked, a view recorded in the famous rhyme Pease Porridge Hot. A little story about Pease was that it was the original form of our word pea. But about 1600, people came to feel that pease could only be a plural, for example, trees, days, pies, toes. So people began to leave off the final sound, creating a new word, pea, that sounded to them more like a real singular. But the rhyme about 'pease porridge' was made up before the word pea replaced pease, so it naturally contains the older form. (Sorry you can take the school out of the teacher but not the teacher out of the school)

Along with various vegetables and meats, herbs began to play a large part in the flavor. Mints and sage were often added for a fuller, rich flavor.

In summer the colonists used fresh herbs to flavor their cooking, and they dried some of the herbs to preserve for winter. Their gardens were expected to grow everything needed to perform the many jobs of the housewife, and for foods, strewing herbs to disinfect and freshen the house, repel flies from meat, aid in childbirth, to layout the dead, cure fevers etc.

Today we seldom plant herbs for necessity. Now we aim for color, beauty, challenge and maybe a little for cooking and teas. Gardening can be very therapeutic and rewarding. Plus any dish is enhanced by the addition of herbs, and can turn your ordinary meal into a banquet.

Tea-like drinks were made by the Colonists from herbs and flowers but were used more as medicines than beverages. Late in the 18th c. coffee and chocolate beans were imported. When tea was first imported, the leaves were carefully boiled in water, the tea was thrown out and they ate the leaves with butter. It must have been a bitter mouthful for sure. Soon they learned to drink the liquid which they greatly relished as a 'dish of tea'

They soon came to value their tea so much that when the English placed high import taxes on it, the colonists rebelled. Dressed as Indians some of them boarded an English skip in Boston harbor and threw all the taxed tea overboard. This was the famous Boston Tea Party.

Slowly from common folk to the very rich, ladies began to replace expensive tea with herbal teas. They found them very refreshing and of great variety. Lemon balm yielded a pleasant lemon tea, mints were varied, dried fruits made delicious tea, chamomile was an apple taste and was very settling and restful.

My hope is that you will have found the short history on herbs that I put together interesting to read and learn.

HINTS: Make your own PEASE PORRIDGE: 2 c. dried split peas, 2 ½ quarts cold water, 2 teas. Salt, 2 stalks celery, 2 medium onions, 2 teas. dried mint or 4 teaspoons fresh chopped mint. Rinse the peas in cold water. Put them in a six quart pot with a tightly fitting lid. Pour 2 ½ quarts of cold water over the peas. Cover the pot and let them soak overnight. In the morning, add the salt to the peas and water and bring to a boil. Turn heat to low, cover, and simmer till tender about 3 hours.

Chop celery, onions and mint and add to the soup. Simmer for another 30 minutes....8 servings.

Primary Day

Your Vote Still Counts Throw It Vote Away

Special Town Meeting

(see Details Inside)

**Tuesday, September 14, 2010
at the Vet's Hall**

HEALTH TEA: place 1 t. of fresh or dried equal amounts of mint, rosemary, sage, thyme and chamomile.

It's great to dry and blend for a friend with a tag saying it is a natural health tea.

Mint is a natural base clearing the brain and gives wisdom. Rosemary restores the mind/memory. Sage: greatest of all health tea and assists aging. Thyme: produces courage, strength. Chamomile: helps nerves and calms the stomach. Plus just working in a garden is therapeutic and relieves stress!!!

Notes from Town Hall Selectmen's Office

Richmond has a new employee. Welcome to Mathew Drew! Matt was appointed on August 2, 2010 to the position of Zoning Compliance Officer. Matt brings experience as a local surveyor to this position and is looking forward to working with you to insure your building project meets all dimensional requirements of the Town. Please contact the Selectmen's office for a building permit for any construction project you are planning.

A word about independent citizen advocacy. Thank you for being interested and caring enough about Richmond to bring deficiencies to our attention. It takes courage and fortitude to bring forth complaints and constructive criticism, and patience to pursue the appropriate avenues for enforcement and change. Whether you are a lone citizen or are aligned with others in community-building efforts, we applaud your willingness to engage us and each other to make Richmond a better place to live for all of us.

A Special Town Meeting was called by the Selectmen for Primary Day, Tuesday, Sept. 14, 2010 to vote on a proposed ordinance change. On July 27 and Aug. 10 the Planning Board held public hearings. There is no better way to demonstrate citizen advocacy than at a public hearing! Your thoughtful suggestions and comments at the Planning Board hearings resulted in a stronger, more effective proposed ordinance.

The final ordinance amendment reads: "Notwithstanding any other provision in this Ordinance, houses of worship shall be permitted in an area along the major highways in Richmond, NH Route 119 and NH Route 32, and on land within 500 feet

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of the said highways right-of-way." Please come to an informational meeting at the Veterans Hall on September 9, 2010 at 7 PM to discuss this amendment. It will be on a special town ballot you will receive when you come in to vote on Primary Day on September 14, 2010. There won't be an actual town meeting that day, but there will be an official ballot vote on this very important ordinance amendment. If you need an absentee ballot, please contact the Richmond Town Clerk at 239-6202.

The issues making the ordinance amendment necessary were briefly outlined in the August column. Bottom line is Richmond must insure there is an area in Town where houses of worship are allowed by right. As for all nonresidential construction, the Planning Board will retain site plan review authority to protect public health, safety and welfare. It is our intention to insure that our ordinances reflect Richmond's long history of religious freedom and tolerance, and meet federal and state constitutional and legal standards.

Please vote on Tuesday, September 14, Primary Day and Special Town Meeting Day at the Veterans Hall. Polls are open from 8 AM to 7 PM.



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Absentee Ballots

Annette Tokunaga, Town Clerk

For those who will not be able to come to the polls on September 14th, absentee ballots will be available to those qualified to receive them. The conditions under which a voter qualifies for an absentee ballot are as follows:

- Will be absent from town where the voter is registered to vote;
- Cannot appear in public due to religious reasons;
- Is unable to come to the polls due to a physical disability;
- Or is unable to come to the polls during polling hours because the voter is at work or is in transit to or from work.

Requests for absentee ballots must be in writing and signed by the voter. Request forms are available at the Town Clerk's office. After filling out the ballot, *only the voter* can personally return the absentee ballot to the Town Clerk's office. The deadline to hand deliver the ballot is no later than 5:00 PM on September 13th. If the absentee ballot is mailed back, it must be received no later than 5:00 PM on September 14th.

Please call 239-6202 if you have any questions regarding obtaining an absentee ballot.

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Dates to Remember

Annette Tokunaga, Town Clerk

September 6, 2010 CLOSED for Labor Day
September 7, 2010 Last day to register to vote with Town Clerk
September 14, 2010 CLOSED for State Primary Election
See you at the polls!
September 30, 2010 Transfer Station stickers expire
Purchase new ones at the Town Clerk's office \$20 for the 1st one, \$1 for additional stickers

Things From the School District JULY 2010

Jim Carnie and Neil Moriarty

SAU Withdrawal Process: The Monadnock Withdrawal committee, completed its withdrawal plan, held its public hearing, and unanimously voted to recommend withdrawal from SAU 38. The Department of Education reviews withdrawal plans for completeness and is expected to review ours at its July meeting. The committee has yet to decide when the voters will vote on the plan. A vote of 60% plurality is required to withdraw from a district.

SAU Organization. Jane Fortson is our new Business Manager – effective July 1, 2010. Jane is a former chair of both the school board and budget committee; furthermore, she is a CPA in both New Hampshire and Vermont. I know you join us in wishing Jane well on this assignment. Ken Dassau (SAU Superintendent) will take a sabbatical for several months and then assist Winchester and Hinsdale with their SAU withdrawal plan(s) until his retirement in June 2011. David Hodgdon will assume the superintendent's position as acting superintendent of SAU 38.

Monadnock Organization. Thomas Stewart (an assistant principal at MRHS) has been appointed acting principal at Monadnock High school. Board Chair Dick Thackston orga-

nized the search committee for hiring the new position of Project & Facilities Manager. This single position replaces two salaried positions per the warrant articles of March 2010. The new search committee (of which Neil was appointed) met on July 8, 2010; an ad will go in the newspapers in the surrounding area – deadline to apply will be about July 26, 2010.

High School Renovations. Most all activity at the high school is curtailed — as many crews attempt to get as much done as possible during the summer vacation. The vast majority of the work is internal — at my suggestion it is hoped that progress pictures will be sent to the town halls.

Things From the School District August 2010

Jim Carnie and Neil Moriarty

Note from Neil Moriarty: Observations: 70+% of your property tax dollars goes to the school district.

SAU Withdrawal Process The NH State Dept of Education (DOE) has their review of Monadnock Withdrawal Plan scheduled for August 11, 2010

Monadnock Organization. Thomas Stewart (an assistant principal at MRHS) remains our high school (HS) principal. The new HS principal search committee, together with unanimous concurrence of the school board, selected and offered the HS principal position. However, the candidate turned down the offer. One wonders why someone would submit a resume, be offered a substantial raise (plus a tax break incentive), and then turn the job down. Obviously the HS principal committee is back in business. The committee for hiring the new position of Project & Facilities Manager will be meeting with several candidates over the next two weeks. The All-Day Kindergarten Evaluation Committee is formed and meeting. This committee is charged with evaluating all-day kindergarten throughout Monadnock (currently only the Northern schools have it).



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High School Renovations continue – hopefully pictures of the construction activity have been sent to the town hall.

As always if you have comments, suggestions, or concerns, give Jim (239 4948), or Neil (239 4031) a call.

Richmond Public Library Wendy O'Brien

Story Times

We have two story time offerings in September: Gwyn Powers will lead a preschool story time on Saturday, September 11th at 11:00 a.m. And new this year, Evelyn Winter will lead a pajama story time focusing on the popular story "We're Going on A Bear Hunt," on September 7th at 6:30 p.m. Each story time will have a craft and snack. We do ask that children come accompanied and supervised by an adult.

Kodah the Library Dog

Kodah, our official Library dog, has a visit tentatively planned for September 18th at 11:00 a.m. Please drop by or call the Library to confirm the date and time. Kodah is a certified pet therapy dog from Monadnock Therapy Pets and loves being read to by children. This offers a chance for a patient and nonjudgmental ear for our younger or reluctant readers. Summer Reading Program



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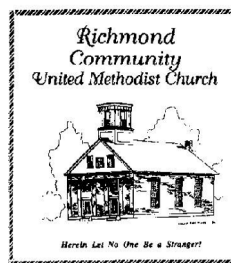
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Welcome to the Richmond Community Church



PASTOR SHINYUNG AHN

Sunday Worship Services
9:00 a.m.

*We are a celebrational and compassionate people.
We champion the simple worth of all people.*

Come and join our Family!

A big thank you goes out to all who made our summer reading program such a success! We had 50 children register for the program and 33 completed it. This is our highest number of children completing the program in recent years. Congratulations!

Free Outdoor Family Movie Night Pam Goodell

There will be a new twist on the free family movie night of September 17, 2010 sponsored by the Richmond Community Methodist Church. It will be held outdoors under the stars at the Richmond Pavilion. The Pavilion is located behind the fire station, just west of the four corners on Route 119. The movie will be "The Bedside Story" and is highly recommended. The movie will start at 7 PM. The public is invited and we ask that all children be accompanied by an adult. What a fun way to relive the drive-in theatre idea and to share some time together! For further info call 603-239-4790

Richmond's Got Talent John Boccalini

Before "America's Got Talent", there was the Richmond Dessert Theater making a 12 year run. The event started in 1990 by the Richmond Youth Group as a Community talent show where people could go and watch their neighbors perform while enjoying dessert. The show included singers, dancers, comedians, magicians, musicians, gymnasts, actors, readers, ventriloquists or whatever the talent proved interesting enough. It was enjoyed by all who came and many were surprised by the talent that exists in our small community. It was a show for youths of any age including the youth lurking in the body of an adult. On November 6, 2010, the Dessert Theater returns as the Bob VanBrocklin Memorial Dessert Theater. We are looking for individuals or groups of individuals, mothers, fathers, children,



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grandmothers, or grandfathers, who have a talent to share. If so give a call to Pam Goodell 239-4790, Arlene Jarvis 239-4413 or John Bocalini 239-6696. More to come over the next couple of months about the grand event.

THURSDAY, SEPTEMBER 9, 2010
VETERANS HALL 7:00 PM
SELECTMEN INFORMATIONAL MEETING

To see if the Town will vote to add section 401.7 to the Zoning Ordinance to read "Notwithstanding any other provision in this Ordinance, houses of worship shall be permitted in an area along the major highways, NH Route 119 and NH Route 32, and on land within 500 feet of the said highways right-of-way."

You will be asked to vote on this amendment at the Special Town Meeting, in the Veterans Hall on Primary Day, Sept. 14, 2010. Polls will be open from 8:00 AM to 7:00 PM.

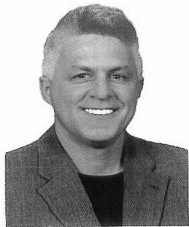
Meadowood County Area Fire Department
Melanie Ellis

The year sure is flying by. As of the beginning of August the Meadowood County Area Fire Department has responded to 62 calls for assistance. It's been a busy year and we would like to thank all of those that continue to support us.

On September 25, MCAFD will celebrate the 55th anniversary of Fire School. This is a big achievement for us; one in which we are very proud of. For celebrating this milestone we will be holding a Pig Roast on Sept 25th from 5pm - 7pm. Tickets will be \$10 for the pig roast and \$5 for Burgers and hot dogs. There will be salads, desserts and many other treats available. Everyone is invited to help us celebrate this occasion. Also that weekend, Fire School classes will be going on and firefighters from around the county will be attending.

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The Rural Preservation Committee
Kim Mattson and Jean Tandy

The RPC joins with Richmond's Conservation Commission. Nov 10 2010 - Mark this date to attend a program on *New Hampshire's Sheep Boom, How It Changed the NH Landscape*. If you love history and wondered why and how stone walls were built throughout town or how the farms of early Richmond settlers were created using survival ingenuity, you will enjoy this evening program. The RCC and RPC have designed a couple of programs to educate as well as entertain you, with the goal of expanding and securing Richmond's agricultural community. So who makes up this elite community?

Agriculture is ANY product that comes from the soil, uses the soil, or creates a product that is produced from the soil. Equine, bovine, sheep, chickens, and any products produced by their keeping. Bees and honey, trees and logs, hens and eggs, Christmas trees; blackberries, maple syrup, hay, straw, farms, sawmills and possibly earthworms. All are agriculture.

RPC and RCC have established an Agricultural Commission for Richmond. It will have no power to vote but would be available to assist with questions and problems related to anything "Agricultural" such as problems with animals; corn turning black before harvest; where to find information for raising goats be found? Cheese making, wool products, and more.

To form this commission a Warrant Article must be voted on at Town Meeting 2011. The procedure to produce a Warrant Article is for volunteers to collect signatures for the Warrant. We will be asking for your support to have the warrant article pass with your vote. When it passes, volunteers will be needed to serve on the new Commission, a very important resource for many, many Richmond residents.

Together, we have requested and provided an email address

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for you to contact us with questions or suggestions:
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 239-6024, 239-4595, 239-6606 to help build our Town
 Record of Agricultural Involvement. This is very important,
 building our agricultural base, like a stone wall, one stone at
 a time. When you're shepherding, or gathering your eggs,
 or picking green beans, call us and have your agricultural
 pursuits recorded in Richmond's First Agriculture Record.
 Enjoy September's stunning foliage Show.

Wipers and Tires Joe Boulay

Have you ever replaced your windshield wipers and still
 not satisfied with the way they cleared the windshield on
 your car? Next time you replace them try this. Use some
 very fine steel wool with glass cleaner and make several
 uniform passes over the windshield and
 rinse or wipe the remaining residue of the
 windshield.

What this does is removes any road film
 that is on your windshield and allows your
 wipers to perform at their best, and it will not
 scratch your windows. You can also do this
 every once and a while to keep your wipers
 performing well. Also it does help to take a
 towel with glass cleaner and wipe the road
 film off the rubber portion off the wiper as
 well.

When snow tires are half worn out, they
 are then considered "all season tires". If you
 can get two winters out of your snow tires
 you are doing well. The trick is to have your
 snow tires mounted late in the season simply
 because they are designed to be used in the
 snow. They are not really designed to be
 used on dry pavement as they will wear out quickly. Before
 you have your snow tires removed have the tread depth
 measured to evaluate if you want to use them again for next
 winter. For best results always use 4 snow tires of equal tread
 depth for maximum traction and handling for the winter
 driving season. If you are going to use studded snow tires you
 must use 4 studded tires. Never only use 2 studded snow tires
 as this can cause the car to handle poorly and you can easily
 lose control of the vehicle in slippery conditions.

Thank You

On behalf of the Winchester Learning Center (WLC) I would
 like to thank the residents of Richmond who rose to our request
 of funding. The WLC is a childcare, preschool family resource
 center located in downtown Winchester. Last year alone with the
 support of Monadnock United Way we provided over \$75000
 worth of scholarship monies to children and families. Over the nine
 years we have been providing services to our community and
 surrounding towns we continually serve children from Richmond.
 The WLC supports families from Richmond while parents work
 or attend further education. Your help is critical in allowing us to
 continue to provide these services. Thank you so much to the
 residents for providing and reaching a challenge. With your help
 we can and do make a difference one child, one family, one
 community at a time.

Sincerely, Roberta L. Royce, Executive Director,
 The Winchester Learning Center

Suspenders (In Memory of Bob Van) Bonnie McCarthy

Suspenders defy gravity
 Clipped to a bit of cloth
 Not conscious of their support
 He carries on...
 In the garden, mowing the lawn
 Volunteering in every way
 Nothing is too demanding
 He serves his family, his town
 His church...Humanity
 Nothing suspends belief
 Like the departure of a friend
 Despite knowing he is blessed
 And awaiting our reunion

Reprinted due to missing line in the last issue.

NH Law Jean Tandy

"New Hampshire is not a "home rule" state. Cities and towns in
 New Hampshire are political subdivisions of the state; as such, they
 have only the powers granted to them by the state legislature. In
 the absence of legislative authority, municipalities would not have
 the power to do anything at all." From the Nature of Municipal
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Another Graduation to Remember Neil Moriarty

As June closes and our school graduations close for another year, you might have missed one. Passing with little or no notice was Monadnock Regional School District's first, and very successful, year of night school at MRHS. Monadnock's education success did not it get front-page/over the fold coverage (i.e., Keene's Night school program) in The Sentinel.

Nevertheless, five students graduated with full diplomas in this it's initial year. This extension of the high school had no fancy name. This extension of the high school had no \$10 million grant. This extension of the high school was run using existing budget. The average student age was 19 years old – so it didn't need any "Stay In School law". There is no truant officer chasing kids around (that truant officer would have cost at least 3 times the entire night school budget) that are not interested in school.

What this night school did have was some dedicated teachers willing to come back to school at night for a modest stipend. What this high school did have were some young adults that realized that a high school diploma is very important and did something about it. What this night school did have was close to doubling in size from its initial estimate. What this night school did have was the full support of the MRSD Education Committee (a fairly new committee formed under the current MRSD board I might add) and the MRSD school board.

Congratulations to all the night school students, the night school teaching staff and Mr. Pickering in his leadership role. Most of all congratulations to the five graduates.

Your MRSD school board wants you to get a high school diploma, and encourages citizens of Monadnock to get one. There is no means test but if you need financial help there is funding for all MRSD residents to get their high school diploma. The high school is also flexible about when you attend – some "adults" attended the regular high school for a required course.

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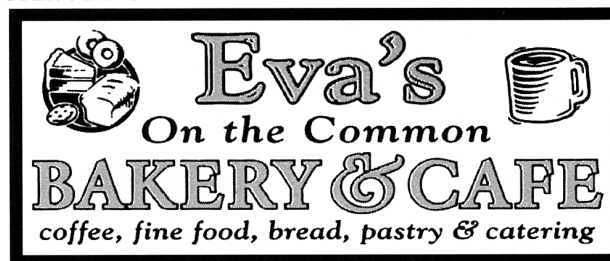
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Given you lack a high school diploma and are a resident of the Monadnock Regional School District please contact the high school or SAU (School Administrative Unit) 38.

Definitely Definitions

Terri O'Rorke

MALFEASANCE (n) misconduct or wrongdoing, especially by a public official. The American Heritage Dictionary 4th edition

QUOTABLE QUOTE

Terri O'Rorke

"The liberty of a democracy is not safe if the people tolerate the growth of private power to the point where it becomes stronger than the democratic state itself. That in its essence is fascism - ownership of government by an individual, by a group or any controlling private power." President Franklin D. Roosevelt

Team Meetings not just a social event

Michelle Connor

Do you have organized team meetings? Does your team know and understand your expectations? Do they learn the direction of the company through gossip or water cooler chit chat? Do you wonder why the goals that you created are not being achieved? Have you told anyone how much you want your business to grow in 2010? A great way to communicate your goals and vision is through a Strategic Plan. But how do you keep your team focused and accountable through team meetings?

Implementing a Team Meeting Rhythm system which is "a rhythm of regularly scheduled team meetings for goal-setting, reporting and accountability that takes place on a daily, weekly, quarterly and annual basis" is a great way to keep your entire team moving in the right direction.

Author Verne Harnish's Mastering the Rockefeller Habit has a great system for every company to follow when creating team



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meeting agendas. In this format these meetings will be organized, focused and productive. I am sure many of you will agree that most meetings are quite the opposite.

There are 3 different types of meetings that every company should have in place. In order to keep your team focused on the goals that will make your company successful it is important that communication flows consistently.

Daily Meetings – This meeting is for problem identification - these meetings will last 5-15 minutes and the entire team will attend. The Agenda should be:

What's up and Daily measures

Where are people stuck? (the bottlenecks)

Weekly Meetings – This meeting is issue oriented and strategic gathering - these meeting will last 30 minutes to 1 hour – the entire management team will attend and the Agenda:

5 minutes – Good News Stories

10 min. – The numbers – individual and company wide measures of productivity. KPI's (key performance indicators)

10 min. – Review feedback from employees and customers

30 min. – Large priority – take from your quarterly goals

Closing Comments – ask each attendee to sum their reaction to the meeting. Keep a log - keep a record who said they would do what and when.

Monthly Meetings – This meeting is focused on learning - These meetings will last 2-4 hours – Management Team will attend and the Agenda:

Review the monthly Profit & Loss in detail

Discuss what's working and what's not working from a process standpoint.

Specific training

No matter the size of your company communication is critical to your success. The key of a successful meeting is always to have an agenda, keep the group focused and stay within your timeline. Having your associates be part of the process will ensure a successful 2010 and beyond.

The Secrets to Success: Part 1 Nature's Cosmic Embrace Peter Majoy

There are divisions within us all,
Pathways between trees part of one forest.
Barking and bark at the surface of differences
Hide the deeper and deepest commonalties
Refusing the complementary and complete picture
Fueling the suffering and the endless poverty of soul.
Infallibility is infallibly limited by nature
Whose reality embraces darkness and light
Without which the stars, sun, and moonshine
Would not lace the love poetry on pages of our hearts
Where for a fleeting instant forever smiles
Through the trees across the boundaried pathways
Tickling the bark and hugging the barking delusions.
For a moment gone faster than a heartbeat
Nature's cosmic embrace is momentarily muzzled
Patiently scoping out the endless possibilities.

What is "Stockholm Syndrome"? Terri O'Rorke

Stockholm Syndrome describes the behavior of kidnap victims who, over time, become sympathetic to their captors. The name derives from a 1973 hostage incident in Stockholm, Sweden. At the end of six days of captivity in a bank, several kidnap victims actually resisted rescue attempts and afterwards refused to testify against their captors.

While some people are suggesting the recent Elizabeth Smart kidnapping sounds like a case of Stockholm syndrome, the most famous incident in the U.S. involved the kidnap heiress Patty Hearst. captured by a radical political group known as the Symbionese Liberation Army in 1974, Ms. Hearst eventually became an accomplice of the group, taking on an assumed name and assisting them in several bank robberies. After her recapture, she denounced the group and her involvement. What causes Stockholm Syndrome? Captives begin to identify with their captors initially as a defensive mechanism, out of fear of violence. Small acts of kindness by the captor are magnified, since finding perspective in a hostage situation is by definition impossible. Rescue attempts are also seen as a threat, since it's likely the captive would be injured during such attempts.

It's important to note that these symptoms occur under



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tremendous emotional and often physical duress. The behavior is considered a common survival strategy for victims of interpersonal abuse and has been observed in battered spouses, abused children, prisoners of war and concentration camp survivors.

New Book Features **"The Complete Lyrics of Johnny Mercer"** **Frank Behrens**

Note to my readers: While I always report on recordings, I thought many might be interested in the following book.

Coinciding with a new DVD devoted to the life and works of lyricist/composer/singer Johnny Mercer comes a book from Knopf titled "The Complete Lyrics of Johnny Mercer," edited by Robert Kimball and others.

This 462-page tome measures 11x12 inches and contains the lyrics to over 1,000 songs written by Mercer. The first comes from 1930, the last from 1989, and there are about 36 pages of undated lyrics that some devoted future Mercer-researcher might place where they belong in the chronology. While watching the DVD "Johnny Mercer, The Dream's on Me," I kept exclaiming when I heard some old favorite, "He wrote that one too!" Now that I have all of his output before me, the "that-too's" will increase geometrically.

After some introductory remarks, one by Mercer himself, the Knopf book breaks the material into years. Each chapter gives the lyrics to the show(s), film(s), and independent songs written during that year. It is very easy to follow his development—which is from good to terrific—as a lyricist; and to find any specific song, one need only refer to the long index.

Each section begins with a full page photograph of Mercer and associates or scenes from the show or film to follow. (This organization is consistent with the other volumes in this series.)

Among the films with Mercer lyrics are "Second Chorus," "The Fleet's In," "You Were Never Lovelier," "The Sky's the Limit," "The Harvey Girls," "Centennial Summer," "Dangerous When Wet," "Seven Brides for Seven Brothers," and "Daddy Long Legs." He wrote the lyrics to the song "Laura" only after the film was such a hit.

Among his Broadway shows are "St. Louis Woman," "Texas, Li'l Darlin'," "Top Banana" (with his own music), "Li'l Abner," "Saratoga," and "Foxy."

I cannot even begin to name all of the songs with Mercer lyrics. But among the best are "And the angels sing," "Any place I hang my hat is home," "Blues in the night," "Days of wine and roses," "Dearly beloved," "G.I. jive," "My shining hour," "One for my baby," and "Skylark."

This entire Knopf series is proof that good lyrics can be as worthwhile as good poetry not intended to be sung but read aloud. While not as clever as Larry Hart or Cole Porter, Mercer's lyrics have a straightforward appeal to the imagination without any of the cynicism of the others. This is indeed a volume worth opening up at random and delighting in the words—if one can possibly keep the music out of one's mind. Other composers celebrated in the Knopf "Complete Lyrics" books are Ira Gershwin, Irving Berlin, Cole Porter, and Lorenz Hart.

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Selectmen Minutes

Date: 21 June 2010 - Time: 7:00 pm

Attending: JC Boudreau, Wes Vaughan, Sandra Gillis
Read mail and signed checks.

JC made a motion to close the Selectmen's office on the 5th of July 2010. Motion carried. This is a national Holiday. Bev to post the notice.

Gerri Lutz came in to see the Selectmen about receiving budget summaries once a month for cemetery expenses. She also brought up that Terri Knowles wants to set up a meeting with the Selectmen and Richmond Cemetery Trustees to talk over any issue we might have regarding our cemeteries.

Annette Tokunaga, town clerk, came in to see the Selectmen about Town beach stickers. Bev to contact Beach Committee trustee Walden Whitum about purchasing beach stickers.

Maureen and Chris Daughtery came in to see the Selectmen about a building permit for map/lot 407-008.

There being no other business to come before the Board adjourned.

Date: 28 June 2010 Time: 7:00 PM

Attending: JC Boudreau, Wes Vaughan, Sandra Gillis
Read mail and signed checks.

Matthew Drew came in to see the Selectmen about the Zoning Compliance Officer position. The Selectmen went over some of the issues he would encounter as the Town ZCO. The Selectmen requested he prepare a resume.

Peter Majoy (VEC) and John Boccalini came in to see the Selectmen about the EECBG grant. JC made a motion to sign and execute the EECBG contract and accept the \$4000.00 grant money to do energy audits on the remaining four municipal buildings. Wes seconded it. The four remaining buildings are the town hall, fire/police building, library and the CD building. Motion carried. The chairman signed the documents.

Peter Majoy went to a conference in Claremont and learned about different financial options for the Town to upgrade the Vet hall. Peter would like permission from the Selectmen to apply for a low cost loan for \$50,000.00- \$60,000.00. This needs to be applied for now and then brought before Town meeting for approval to borrow the money. There are also new stimulus monies becoming available in August/September that may be applied for. The Selectmen will get back to him with an answer. Yvon & Kathryn Brulotte addressed the board with concerns about their tax bill. Their new home was not included on the tax bill. It was completed before April 1s and should have been taxed. Roberta will look into it and send them a letter letting them

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know the assessment and what the tax bill should be.

Pastor Shin addressed the Board asking about the needs of the Town and how he could find out what the needs are and if he can do anything. JC explained what the Selectmen's meetings are for and that he is welcome to sit in on it. Pastor Shin would like to do a meal sharing for the Town and people and would like to know if there are people available to help out and if he can use the Veteran's Hall for no fee. JC recommended contacting someone from the Rec committee and Sandra recommended Pam Goodell. If the Rec committee puts on the dinner there would not be a fee for the hall.

Sharon Supernan was interested in land on the corner of Greenwood Rd and Rte 32. She would like a map and lot #. JC looks it up and it is 414-001. The property is owned by the Town and Sharon would like to purchase it. JC explained to her that the Board would have to vote to sell it and they have not done that.

Dave Kelly addressed the Board with a problem with his tax bill. He subdivided his land and sold the parcel with the house. He should not have been billed for the house on his land.

John Boccalini, Lloyd Goodnow and Kim Mattson, R&I, addressed the Board with some concerns.

Wes made a motion to enter non- public session per RSA 91-A: 3 11(a) Sandra seconds it. Roll call vote: JC Boudreau- abstain Wes Vaughan- Aye Sandra Gillis- Aye Motion carried. Wes made a motion to reconvene public session at 9:12pm. Sandra seconds it. Motion carried with JC abstaining.

Wes made a motion to seal the minutes. JC seconded it. Sandra disagrees with sealing them. Motion carried 2-1. The minutes have been sealed

John, Lloyd and Kim asked if the Board read the letter that was dropped off on June 14th asking for JC Boudreau to recuse himself on the St Benedict's issue. JC informed them that he read the letter but will not recuse himself unless he feels he should. They are concerned that they think JC has made

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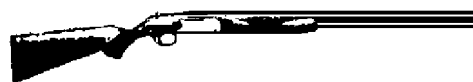
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statements that he doesn't want "this" to come back and bite him. JC said that what he meant by that was that he would want to make the correct decision that would not be questioned. Lloyd Goodnow also asked about the vote for the settlement with St. Benedict's and whether the Board voted in public or non-public session about the settlement. The Board did it in non-public, which upset the Interveners since it should have been done under the right-to know law. There was much discussion about the settlement and why the Board settled and what was right or wrong.

The dog warrant was signed.

The Board would like to hold a special Town meeting on Primary Day in September to vote on Zoning regulation changes:

Wes viewed the completion of the ADA compliant ramp at the Veteran's Hall.

Wes made a motion to unseal, the minutes of March 29, 2010. Sandra seconded it. Motion carried.

There being no other business to come before the Board, the Board adjourned at 11:10pm.

Date: 12 July 2010 Time: 7:00pm

Attending: Wes Vaughan, Sandra Gillis, JC Boudreau

Read mail and signed checks.

A moment of silence was held by the Board in memory of Robert VanBrocklin, who was a valued citizen, friend and long-time employee of the Town.

Marcus Beaurugard addressed the Board regarding a health officer issue.

John Boccalini addressed the Board to discuss M412-L 13-14

Annette addressed the Board and informed them that the inspection scheduled for Wednesday with the Dept. of Labor has been cancelled. Annette wanted to know if the Board would like to be present when they do come for the inspection. The Board can only do it in the evening.

Annette wanted to know if there will be mention of the special Town meeting in the Rooster, and yes Sandra already has the article written.

Annette also discussed the public hearing schedule for the special Town meeting.

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Bill Sullivan addressed the Board with concerns about what may have been said about him at the recent public hearing regarding Fish Hatchery Rd. He has heard that the road agent said he was afraid to ride his motorcycle on Fish Hatchery Rd. He would like it known that he is not afraid of anything and is not happy that he mentioned his name at a public meeting. He also had some suggestions on how to maintain the Fish Hatchery Rd. He also

recommended cleaning out the culverts.

He also recommended that the Town require random drug tests of all employees. The Board will take his recommendation under advisement.

JC made a motion to accept the minutes of July 6th meeting. Wes seconded it. Motion carried.

Sandra handed out the Rooster article for August for the Board to review.

Pistol permits approved: R 338523, R 338522, R 338521

Abatement approved for M410- L050 timber tax billed incorrectly

Roberta had questions about the budgets and what was approved at Town meeting and where the Board would like the changes made for financial and general government. The Board gave direction of what to change in the budgets.

Roberta also explained to the Board that she billed a citizen \$540.00, the cost that the Town was billed to take the land out of current use. The land owner complained and does not want to pay the bill, as they have never been charged before. Roberta would like direction from the Board regarding these charges, since Cross Country bills the Town per transaction for these types of situations. The Board will discuss the billing policy for taking land out of current use.

There being no other business to come before the Board, the Board adjourned at 10:25pm.

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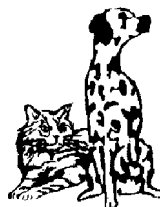
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COMMUNITY INFORMATION

Town Business Hours

Board of Selectmen: J.C. Boudreau, Sandra Gillis, Wesley Vaughn

- Mon. 7:00 —7:30 p.m. Town Departments
- Mon. 7:30 —? p.m. Public Concerns

Town Secretary: Beverly Hart

- Mon. 6 p.m. —9 p.m.
- Wed. 8 a.m. — 12 noon, 1:00 p.m.- 5p.m.
- Fri. 8 a.m. —12 noon, 1:00 p.m.— 4p.m.

Town Clerk: Annette Tokunaga

Deputy: Pamela Goodell

- Mon. 9 a.m. —Noon, 1 —4 p.m., 6 —8 p.m.
- Wed. 9 a.m. —Noon, 1 —4 p.m.
- Tues. & Thurs. 9 a.m. —Noon

Tax Collector: Steve Boscarino

- Mon. 7 p.m. —8 p.m.
- Wed. 2 p.m. —4 p.m.

Planning Board: Richard Drew, Chairperson
Meetings held at Civil Defense Building

- 1st & 3rd Tues of the Month —7:30 p.m.

Transfer Station & Recycling Facility

- Tues. 8 a.m. —4 p.m.
- Thurs. 8 a.m. —7 p.m.
- Sat. 8 a.m. —5 p.m.

Town Library: Wendy O'Brien, Librarian

- Tues. 4:30 p.m. —8 p.m.
- Wed. 9:00 a.m. —12 p.m.
- Thurs. 4:30 —7 p.m.
- Sat. 10 a.m. —2 p.m.

Fire Warden: Ed Atkins

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- Town Clerk —239-6202
- Tax Collector —239-6106



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